

25 July - 2 August 2018  
Zakopane, Poland

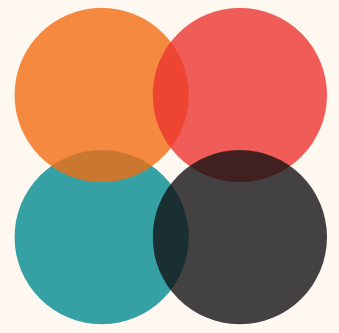
# YE! UNITY IN DIVERSITY



**INKUBATOR  
INNOWACJI**

A small red lightbulb icon with a white glow, positioned between the words 'INKUBATOR' and 'INNOWACJI'.

# Project Description



Project „Unity in Diversity” is a youth exchange, which will take place in the dates 25th of July - 2nd of August 2018 in Zakopane, Poland. In the exchange will take part 36 participants from 6 European countries: Poland, Italy, Bulgaria, Lithuania, Macedonia and France.



## The aim

The main aim of the project is to react to the discrimination approach to the people who have the different cultural background and to find out tools which can help to young people to fight with this unfavourable phenomenon.

## Objectives

- To equip participants with the knowledge what is stereotype, prejudice, discrimination
- To familiarise participants with the situation in the participating countries regarding the problem of racism, xenophobia and discrimination.
- To reflect on conflicts in participant's lives and to equip participants with methods to help them fighting intercultural conflicts.
- To familiarise participants with the concept of the Non-Violent Communication
- To organise Photovoice exhibition about the problem of discrimination for citizens of Zakopane.

# Dates

APV

APV (advanced planning visit) - **14th-17th of June**. In the APV will take part 1 leader from each country: Poland, Bulgaria, France, Italy, Lithuania, Macedonia. APV is dedicated to discussing and preparing the logistics, programme, evaluating the risk connected to the youth exchange etc

YE

YE (youth exchange) - **25th of July – 2nd of August 2018**. In the youth exchange will take part 30 young people and 6 leaders from Poland, Bulgaria, France, Italy, Lithuania, Macedonia.



# Participants profile

- Over 18, under 25 years old – Leader with no age limit
- are interested in the topic of intercultural learning,
- are interested in discovering new non-formal tools for tackling different topics
- are ready to spread the results created within this project,
- are ready to participate full 9 days of the exchange,
- can express thoughts freely in English, as all the sessions will be held in English

## Venue

You will be accommodated in Willa Józef in Zakopane, Polish mountains region called Podhale. We invite you to stay in **2-4 beds rooms**, and if you are comfortable with that, we would like to propose you to stay with the persons from different countries, same gender.

**Wifi** is available at the venue. However, we can't guarantee its quality, and we recommend not to plan any online meetings or work to do during your stay.

**Linen and towels are provided**. There are **no hair dryers** in the rooms neither in the venue to use it. Please bring your own dryer or arrange with the other person from the group.

The workshops will take place in the building just 10 steps away from our willa, in a cabin. As, the weather can be rainy and some persons, including the team like sitting on the floor, we kindly ask you to bring a pair of comfortable **“indoor”** shoes, not to use the outdoor shoes in the activity room.



## Address

Willa Józef  
Harenda 34  
34-500 Zakopane

Pictures available here (unfortunately web is only in Polish):  
[Http://www.zakopaneharenda.pl/](http://www.zakopaneharenda.pl/)  
<https://www.facebook.com/jozef.wypoczyneknaharendzie>



# Arrivals and departures

The youth exchange will last 9 days, from 25th of July (arrival day) to 2nd of August 2018 (departure day).

All the participants are expected to attend the full program.

**NOTE:** We kindly ask you to plan your travel in a way to reach Kraków 25th of July by 4 PM so that we can organise the shuttle bus for all of you to Zakopane. Don't worry if your flight is not to Kraków and consult your travel individually with Łukasz.

We aim to begin with a dinner at 7 PM, after dinner, some welcome activities will follow.

Departure day is 2nd of August after we know your itineraries, the team will organise the departures for you.

**NOTE** that the bus from Zakopane to Kraków or Katowice goes approximately 2 hours. It is very challenging to reach the flights earlier than 9 AM

Arriving by plane

Warsaw, Katowice and Kraków airports are possible, but Krakow is most convenient one as Zakopane is just 100km remote from Kraków. There is transportation going to be organised from Kraków depending on what time and how many of you decided to land or come there. As soon as your flights, buses and trains details are known the organizers' team will provide you with further information about the transportation.

Before arranging ANY travel arrangements, please contact Łukasz Teofilak (lukteo@gmail.com) in order to advise you best itinerary.

## MONEY

The currency in Poland is Polish złoty (PLN)

1 euro = 4,20 zł

bottle of water: 1-3 zł (0,5l)

a juice in a cafe: 5-7zł

sandwich: 5-10 zł

espresso in a cafe: 6-9zł

## CREDIT CARDS

most major credit cards (Diners, American Express, Visa and Mastercard/Eurocard) can be used for payments wherever noticed, as a rule in most major hotels, shops, and restaurants.



## CLIMATE AND WEATHER

In July the average temperature we expect to reach 23 degrees, though it may be chilly in the evenings; note, that the venue of the exchange is in the mountains and the weather can be very different than in Kraków or Warsaw.

If the weather allows us, one of the days will be carried out in the form of walkshops. Most probably it will be day 4 (28.07.2018) and you will be updated about that through Facebook group and e-mail. Concerning this fact, please bring comfortable hiking like/ sports shoes and clothes.



# General information about Poland and useful links

<http://www.polska.pl/en/>

<http://www.foreignersinpoland.com/>

<http://www.staypoland.com/polandstereotypes.html>

<http://www.local-life.com/zakopane/guide>

[https://www.virtualtourist.com/travel/europe/poland/wojewodztwo\\_malopolskie/zakopane-465545/travelguide-zakopane.html](https://www.virtualtourist.com/travel/europe/poland/wojewodztwo_malopolskie/zakopane-465545/travelguide-zakopane.html)

Public transportation in bigger cities in Poland:

<http://krakow.jakdojade.pl/>

## Other

You should self-organise your accommodation in case of early arrivals or late departures. Obtaining a full insurance (travel risks, medical, injuries) is the participant responsibility, please take your insurance card with you. About any changes, you will be updated by organisers via e-mail or on our Facebook group, which your coordinators will invite you.

**Intercultural evenings** are planned to happen; we encourage you to bring some food and beverages to taste and prepare 1-2 national dance or interactive games (PowerPoint presentation is not interactive at all! ). If you play any instrument, you are also more than welcome to take it with you.



# Disclaimer

“The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors and the Commission cannot be held responsible for any use which may be made of the information contained therein.”

