



Understanding

A1: Type of Activity: Advance Planned Visit

Venue: Hindholm, Fuglebjerg, Denmark

Planned Dates: 10-13 June 2019

Countries Involved: UK, Denmark, France, Spain, Lithuania and Turkey

Participants: 2 Person from each country (1 group leader+ 1 participant).

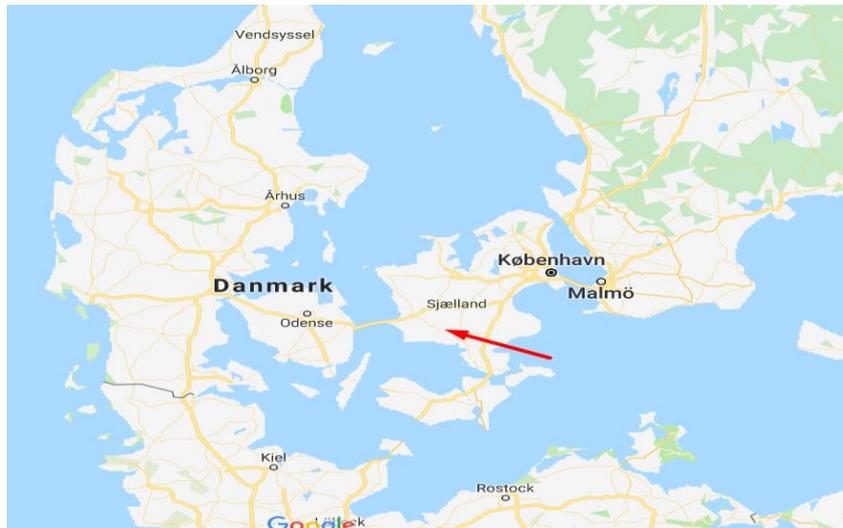
A2: Type of Activity: Youth Exchange

PLACE AND DATE: (10-16 July 2019) to Hindholm, Fuglebjerg, DENMARK.

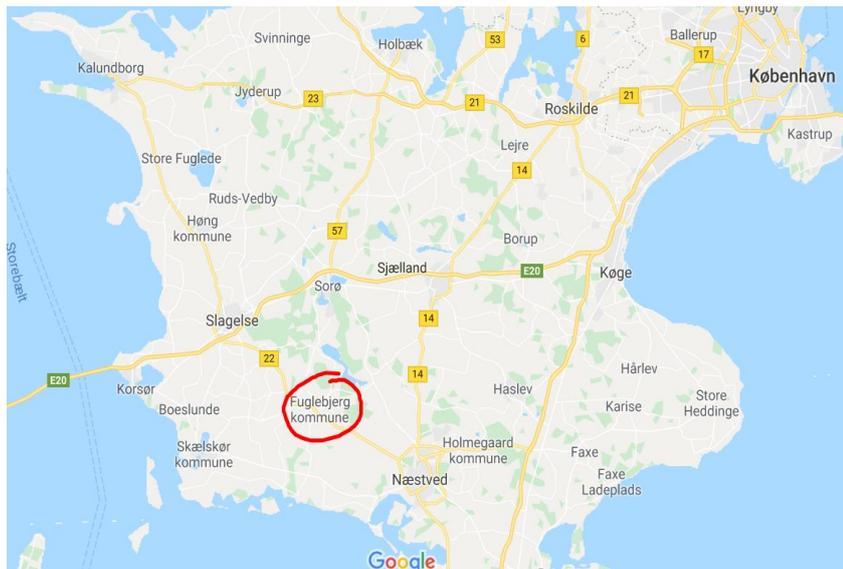
PARTICIPANTS: 60 young people. (8 Youth + 2 group leader from each country)

COUNTRY: Partner countries will be from UK, Denmark, France, Spain, Lithuania and Turkey.

LANGUAGE: The working language will be English.



Co-funded by the
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of the European Union



SUMMARY OF PROJECT



With the present challenges in Europe with the immigration crisis, intolerance and racial discrimination in Europe has drastically increased. The exchange aims to identify the common causes of intolerance and analyse persisting cases of non-tolerance on the basis of culture, religion, gender, sexual orientation and race against various minorities, formulate good practices in order to reduce it, as well as strategies, which could help increase tolerance toward minorities in the participant countries and beyond.



The specific objectives of this project are:

- To increase awareness among young people from a minority background (cultural, ethnic, etc.) on European citizenship;
- To empower youth to take an active role in local communities;
- To bring together young people from different ethnic and cultural backgrounds;
- To create space for dialogue;
- To foster their feeling of sharing common values;
- To raise their sense of belonging to Europe.

Tolerance nowadays has become a major factor in life and we want to equip ourselves and fellow youths with the knowledge and skills to use to as to live in harmony and raise awareness on various topics related to human rights, democracy, social inclusion, faiths, and culture. The methodology to be used during the project includes workshops, debates, hands on activities, case studies, simulations, visits to NGOs and outreach projects.

ACTIVITIES AND METHODS



We envisage that the initiative will equip all participating youths with self awareness, tools to promote culture and equality amongst males and females, to become active citizens and promote social justice and social right to vulnerable groups. Participants will be empowered to deal with issues related to all forms of discrimination, stereotyping, ethnocentrism and prejudice - all issues of concern in many EU communities. The activities to be held during the youth exchange are not competitive but fun packed learning experiences that will motivate us and other youths to take part in such activities and learn further more.

In the long term, we envisage to increase the networking between all participating organisations and preparing youths that will indulge tolerance in their small groups and work places. Ideas



will be initiated and experiences will be exchanged that will positively impact the communities we are active in.

PARTNERS



TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

APV; A1: Type of Activity: Advance Planned Visit

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
France	Denmark	500 - 1999 km	2	275.00
Lithuania	Denmark	500 - 1999 km	2	275.00
Spain	Denmark	2000 - 2999 km	2	360.00
Turkey	Denmark	2000 - 2999 km	2	360.00
UK	Denmark	500 - 1999 km	2	275.00



A2: Type of Activity: YOUTH EXCHANGE;

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
France	Denmark	500 - 1999 km	10	275.00
Lithuania	Denmark	500 - 1999 km	10	275.00
Spain	Denmark	2000 - 2999 km	10	360.00
Turkey	Denmark	2000 - 2999 km	10	360.00
UK	Denmark	500 - 1999 km	10	275.00

After sending their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Fuglebjerg, Denmark). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participants. We send only money to sender organization and sender organization will pay to participants.

IMPORTANT!

Our organization didn't receive all the money from National Agency. That's why the travel costs will be done after approval final report. We will send final report 1st of January 2020. Usually it takes 45 days to get answer!

Please do not ask for any money before approval of final report.

Please note any extra days you wish to stay will be your own responsibility and food etc.
Visa costs will be covered by participants.

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THE VENUE



Note: Organisers will not provide any accommodation for additional stay in Denmark. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

HOW TO REACH FUGLEBJERG

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There can be two alternatives. First we can pick up all participants at the same time from Copenhagen city center or you can come to project place by yourself.

1. Flight is the easiest way to come to Copenhagen.
2. Take train from CPH Airport to Sorø St.
3. Take Bus from Sorø St. to Lundevej (Fuglebjerg)
4. We will pick you up from Lundevej (Fuglebjerg) busstation.

Follow this link please; <https://www.rome2rio.com/map/Copenhagen-Airport-CPH/Fuglebjerg>

If you have any difficulties with coming to Nysted, please contact us.

ACCOMODATION

Mina Hindholm Efterskole

Hindholmvej 19, 4250 Fuglebjerg, Danmark

There are going to be 2-4-6-8 persons per room. We can't arrange special room for couples.



Participants MUST prepare and make breakfast, lunch and dinner.

3 meals per day, plus coffee and snacks made by the participants in coordinated international work groups. Tasks will be divided between participants and everybody MUST obey the rules.

VERY IMPORTANT!

The place is belong to government and it is total alcohol forbidden in the place and during the project.

HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in DENMARK are quite high if you don't have.

PREPARATION



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. DO NOT FORGET TO TAKE WITH YOU!**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this!
:) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video



presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.

- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

Wherever possible, take your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!



Smoking is prohibited everywhere inside buildings; thus all the smokers will have to go outside or to specially designated areas for a cigarette.

Alcohol is TOTAL forbidden inside building and garden of accommodation place.

Bring your best mood and big smile with you and keep it through the exchange!

Prepare for fun!



SEE YOU ALL IN FUGLEBJERG, DENMARK