The project:

DESIGN IDEA 1) was suggested to us by our volunteers who are interested in the subject of the project. By participating in other projects, they began to wonder about the role of stereotypes in the life of each person. The project for them aims to learn as much as possible about thinking and prejudices. Therefore, the idea of an international youth exchange in which you can confront your prejudices and have them verified. Our young people participated in the school project and it turned out that the students were very interested in Erasmus + projects and would love to be able to get to know other, culturally distant countries. 2) was inspired by the needs of the young people themselves, who, inspired by the visit of people from other countries, want to further expand their knowledge in this way. They would especially like to organize an exchange of young people about stereotypes in different cultures and stereotypes in general, because during a meeting organized at the school they realized that they carry a lot of such stereotypes. As the students of the school have expressed a great interest in other diverse cultures, as well as themselves identified that they have a lot of stereotypes about other nations, we decided to include very different culturally countries in the exchange project. Based on the analysis of the needs of our organization, young people to whom we direct the youth exchange from Poland, as well as the analysis of the needs of young people and partner organizations (which we made on the basis of Skype conversations, questionnaires of needs and interests, and e-mail communication), we formulated the goals of the project: 1) promoting intercultural dialogue, counteracting stereotypes among young people We see the need to promote intercultural dialogue, and there is no better way to combat stereotypes about a culture than meeting and talking to a person from a certain culture. That is why our project will be attended by young people from 5 very different cultural and religious countries. During joint discussions, games, simulations and presentations, they will learn about the theoretical dimension of stereotypes, as well as follow in practice and discuss specific examples of stereotypes. 2) strengthening key skills of young people, with an emphasis on creating awareness of what these competences are and what are the paths of their development As the age group in our project is 18-25 years old, we know that this is a very important period in developing their key competences. Therefore, every day in our project there will be a workshop on one key competence - what is it, how it can be acquired. Young people will also discuss their own ideas and plans for developing each of these competences. 3) promoting tolerance and openness to other countries, nations and religions among the local community. The next step after intercultural dialogue and denial of stereotypes is tolerance, curiosity and openness to other cultures. We want to promote these values among the youth from our organizations, to which the youth exchange and accompanying events are to contribute exchange. 4) Increasing knowledge about European projects and EU values and motivation to participate in non-formal education. This will be the first Erasmus + exchange for most participants. The project will increase their knowledge of European projects and EU values. PARTICIPANT PROFILE 1: Macedonian participants participate in workshops on tolerance and tolerance in their local communities. Most of them never had a chance to be abroad. By participating in the project, they want to meet people from other cultures, they want to exchange experiences - tell about the problems with stereotypes they are struggling in their country and hear from other participants what the issues of stereotypes look like in their countries. It is a group that struggles with economic barriers and diversity issues. 2: Participants in Greece Their interests include cultural issues and interreligious and intercultural dialogue. They would like to participate in the exchange "Stereotypes different but the same!" Because they would like to learn more about the theory of stereotypes and how stereotypes lead to discrimination, and would like to talk about the most popular stereotypes in different countries, not all of them could finance their trip. 3: Italy participants Participants are

interested in non-formal education methods. During our exchange they wanted to present and conduct many energizers. They are also very interested in other cultures, so they enjoy the diversity of countries in youth exchanges, Stereotypes different but the same! "In addition, they are interested in discussing key competences and how they can develop them further. 4: ACTIVE European Initiatives Association (our organization from Poland) - these participants attend the V Liceum Ogólnokształcące im. Fr. Piotr Ściegienny, some volunteers in our organization or study at the University. These participants became very interested in getting to know other, culturally distant countries. These participants, inspired by the visit of people from other countries, want to further expand their knowledge in this way. They would especially like to organize an exchange of young people on the subject of stereotypes in different cultures and stereotypes. Several of our participants deal with the problem of social barriers resulting from their difficult family situation (low family income, orphanage). 5: Participants from Croatia Our participants are young people from modest families with financial incomes on the verge of survival or from families of one-parent children whose at least one working parent is abroad (in our organization this percentage is 35%). This youth would have the possibility of intercultural interference. Additionally, these young people are open and willing to develop their communication skills in English (this is on the list of key competences that should be developed). Given that the majority of students come from mixed families, in most cases it will be an opportunity to experience a different culture. The exchange will be attended by 5 organizations of 8 people (including the group leader), which gives a total of 40 people. Transport: The arrival day to Murzasichle must be 20 05 2023(closest airport it is Krakow – Balice, Katowice Pyrzowice around 100 km). The departure back will be on 26 05 2023 in the morning, If you need any help with tickets or transfers please let us know we can arrange it so before you will buy ticket please contact us to be sure that this is best option. We will reimburse your travel expenses in the last days of the project, in cash (euro). Please bring with you all original receipts, invoices, e-tickets, proof of payment and boarding passes! We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes as well, without having to send it's to us by post when you return home! Of course, if for your airline is not possible, you still need to send us the boarding passes by post after the project. It is very important to have all your travel and financial documents with you for each person, otherwise the reimbursement is not possible. We can arrange all the travel for you as buses, planes etc. for that please ask your team leader. The group: We need 8 participants (7+1 leaders) from each of the country. Age limits for the participants are 18-30 years old and 18-35 for leaders. Rules: You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops won't be allowed. We would really appreciate energetic and active participation. Smoking is prohibited inside of the buildings, so all smokers will have to leave the building in case they want to smoke a cigarette.

The location: The venue of our project is Murzasichle, a village in Polish Mountain area, 100km away from Krakow. Basic information about accommodation place - U Toski http://utoski.pl/ - 2/3/4/5 people in one room - Rooms have their own bathrooms - The restaurant will serve all meals (breakfast, lunch, dinner) and in some days we will have lunch packs; - The area is very beautiful and surrounded by nature What to bring: - All your travel documents and finazancial statements/proofs of payment; - Typical food and drinks from your countries! We will have traditional evenings during the project and basically every evening will belong to a different country. Unfortunately we don't have budget to reimburse you the expenses made for the things that you are bringing. Try to be creative and funny! You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks... and so on! Also, you can show videos, photos, sing music and dance traditional dances from your countries! We are counting on you to make these

evenings as interesting as possible and promise to help you in any way that we can!!! - Clothes: going to have some swimming session, so prepare your swimsuit! - Towels and whatever you need for taking shower, washing, etc; Our currency is the Polish Zloty (PLN): 1 Euro = 4.7 PLN If you have any questions for us please contact Jacek Kubicki (jacekkubicki@op.pl), Project Manager. We are looking forward to see you in Poland!