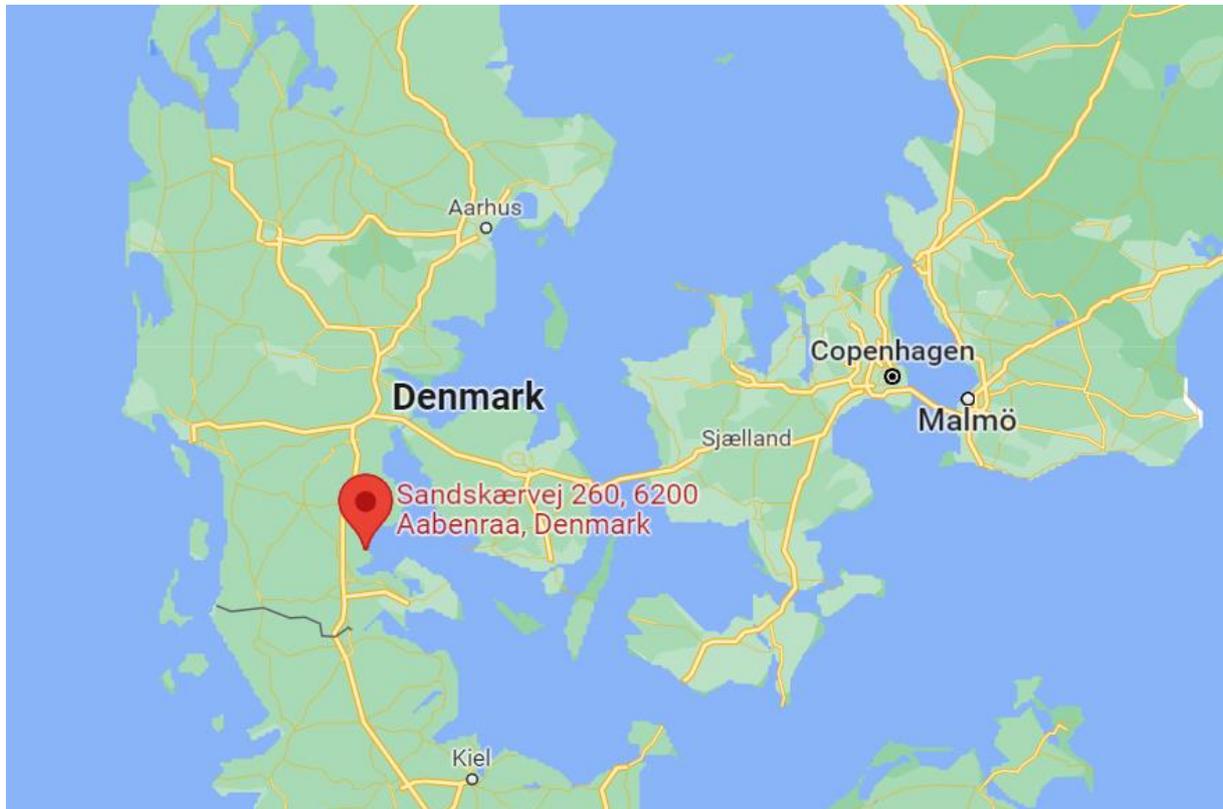




# THE SOUND OF YOUTH



## YOUTH EXCHANGE

### AABENRAA, DENMARK

**PLACE AND DATE:** 10-18 APRIL 2022, AABENRAA, DENMARK

**PARTICIPANTS:** 60 people (8 youth + 2 group leaders from each country)

**COUNTRY:** Denmark, Croatia, Turkey, Lithuania, North Macedonia and Spain.

**LANGUAGE:** The working language will be English.



# SUMMARY



The main objective of the project is to raise awareness among young people across Europe that music can be used as a cultural and educational tool for personal development, as well as for making positive impact in the society. Thus, with this Youth exchange we seek to empower them to become more active in their daily life and to use their talents towards a positive cause, such as promoting tolerance and peace among youth. In that regard, the project's objectives are set as following:

- to motivate young generation to use music styles as educational tool, as well as a mean for social change;
- to empower them to become more active in their daily life and to use their time qualitatively and usefully;
- to transform their own musical experiences, to develop musical competencies and to learn a variety of techniques to develop creatively;
- to encourage their talent and build their confidence;
- to give advice about active youth involvement and to promote social inclusion through non formal education, music and performance;



- to explain different approaches and perspectives in music, as well as to exchange experiences and practices;
- to promote the Erasmus+ Programme and non-formal learning;
- to provide opportunity for intercultural dialogue and to strengthen respect for cultural diversity. is to create good habits (such as meditation, sports, yoga, etc), through local events organized by the young participants, supported by the partner organizations.

## ACTIVITIES AND METHODS



### Working Methods

Furthermore, the whole learning process will be based on non-formal educational methods where participant will develop musical competencies and will transform their own musical experiences, as well as will learn a variety of techniques to develop their creativity and to use their time qualitatively and usefully. Namely, participants will be involved in various presentations, creative workshops, outdoor activities, open discussions and intercultural activities in order to meet project's objectives and help participants develop their skills and create music promoting positive change. Thus, throughout the whole Youth Exchange music will be created by the participants using vocals, instruments and technology, and the project will culminate with a final public event with music



performance, where not only the music, but also the Erasmus+ Programme and the projects' outcomes will be presented. Hence, we are seeking to provide a space for young people across Europe, in which music can inspire them to take advantage of their talents, not only for spreading positive message, but also to become vessels of social change affecting their immediate communities and encouraging their followers to join the cause. Involved in such a movement, participants will have a unique opportunity to drive that movement forward for social change and to enrich listeners' consciousness of both the music and the cause. Also, workshops will be held about how participants to determine their own conflict styles and how to deal with situations when experiencing or witnessing bullying, cyber bullying or harassment. Besides that, each day every group of participants will host intercultural evening with an aim to strengthen respect for cultural diversity and to support coexistence of different cultural identities and beliefs.

Next, the target group of participants involved in this project will be youngsters who have passion to acquire and advance skills, knowledge and competencies in the field of music and social change, given the principles of non-formal education. Participants will be between 18 and 30 years of age, including the group leaders who will be 18+ years old. As these people are just entering their adult years, they need to have certain level of knowledge and attitudes in order to be able to contribute the society by being role models for other youth. Given that, during this Youth exchange will be also involved people who are interested in non-formal education and seek to gain better understanding in experiential learning and its methodology. Also, we believe that involving youth with fewer opportunities such as, unemployed youth, youngsters with cultural inclusion problems, youngsters living in peripheral or rural areas etc. will help promote tolerance and anti-discrimination among participants coming from different backgrounds.



## Who can participate in the youth exchange?



The young participants of “The Sound of Youth” come from 6 countries with multiple cultural, religious and social differences, which contributes to the multicultural spirit of the project. The project team drafted a profile of the participant, according to:

### GENERALITIES

-Age: between 18 and 30 years;

-Gender: we want an equal ratio of boys/girls;

-Education: most of the young people will be in the last years of high school, in the faculty / master and some will have the completed studies;

-Work experience: most of the young people are without a full-time job due to studies, but it is possible to have a percentage active in the labor market (part-time, freelancer); we have young people with reduced opportunities in the NEET category (who do not study and do not have a job).



## TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Croatia	Denmark	500-1999 km	10	275.00
Denmark	Denmark	0 km	10	0.00
Macedonia	Denmark	500-1999 km	10	275.00
Lithuania	Denmark	500-1999 km	10	275.00
Turkey	Denmark	2000-2999 km	10	360.00
Spain	Denmark	500-1999 km	10	275.00

**AFTER SENDING** their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (**DENMARK**). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants. **It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that).**

**Keep your bus / train tickets as well! Travel by cars / taxis is not reimbursed.**

*Please note any extra days you wish to stay will be your own responsibility and your food etc.*

**Visa costs** will be covered by participants.



## THE VENUE



**Note:** Organisers will not provide accommodation for any additional stay in Norway. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel



## ACCOMMODATION PLACE

# Frederikshøj



<https://frederikshoejlejren.dk/>

**Rooms:** Participants will be accommodated in 3 or 6 people each room. The main activity room is located in the hotel. Wi-Fi internet connection is available. Organisers will provide participants with three meals per day. Food will be served.

**Bring your personal stuff like towels etc...**

**We strongly recommend each participant to inform the organizers about any special dietary needs in advance.**



## HOW TO REACH THE LOCATION

**You can fly to Copenhagen/Aalborg/Hamburg Airports. From all those places you can come to project venue by buss or train.**

**In case, we can pick you up from closed place like cities Aabenraa and Haderslev by car or minibus.**

**From Aalborg;**

**<https://www.rome2rio.com/map/Aalborg/Sandsk%C3%A6vej-260-6200-Aabenraa-Denmark>**

**From Copenhagen;**

**<https://www.rome2rio.com/map/Copenhagen/Sandsk%C3%A6vej-260-6200-Aabenraa-Denmark>**

**From Hamburg;**

**<https://www.rome2rio.com/map/Hamburg/Sandsk%C3%A6vej-260-6200-Aabenraa-Denmark>**



## WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

## HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;



- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. We don't have printing opportunities.**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

**Whenever possible, bring your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!**

**CONTACTS!**

**If you have any questions, please contact us**



**SEE YOU ALL IN DENMARK**