



ERASMUS+, KA1, YOUTH

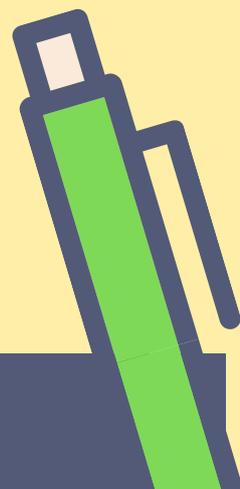
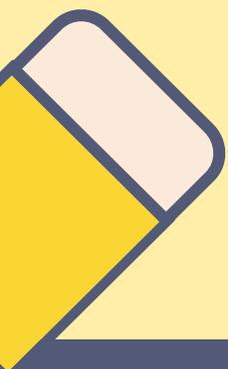
SKILLS FOR THE FUTURE

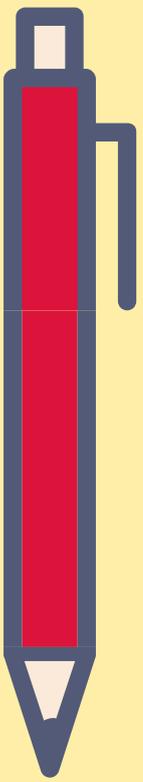
training course

15-23.02.2019 AND 15-23.07.2019
ZAKOPANE, POLAND

PROJECT DESCRIPTION

The project "Skills for the future" is designed as 2 trainings which are planned to help youth workers, educators, volunteers coming from partner organisations with their daily work with young people, and especially to increase its competitiveness in the labour market and find employment.





According to the research made by the portal, LinkedIn "young Millennials (those who graduated from 2006 to 2010) are on track to surpass four job changes by the time they hit age 32". This situation is extraordinary in the history of the labour market and creates new challenges for NGOs working with young people. Youth organisations need new tools and approach how to face this trend and how to prepare young people for success in a rapidly changing digital society and demands of a 21st-century world. On the other hand, according to our observations, young people very often are lacking competences needed by the employers. The result is that more than 4.2 million young people (aged 15-24 years) were unemployed in 2016 in the EU.

This project is an answer to the abovementioned needs of organisations and young people with whom they work. The main aim of this project is to provide youth workers with the competences how to integrate skills for the future (communication, critical thinking, collaboration, creativity and innovation) with their work with young people.

We want to reach the aim with the following objectives:

- To define and to find a common definition of skills for the future
- To explore the concepts of communication, critical thinking, collaboration, creativity and innovation
- To provide youth workers with tools how to use skills for the future in their daily basis work with young people with the tools helpful in developing skills for the future and tools for linking them to daily life
- To create new methods of transmitting the skills to the target groups
- To create sustainable results and dissemination plan for them to reach a broader audience than partner organisations

In the project will take part 22 participants coming from 11 countries: **Poland, Bulgaria, Cyprus, France, Lithuania, Turkey, Hungary, Romania, Italy, Greece, Macedonia**. The 2 trainings will be held in Zakopane, Poland. First one from 15th of February to 23rd of February 2019. The second training will take place from 15th to 23rd of July 2019.

The methods used in the project will be based on nonformal methodology: discussions, simulation games, open space technology, role-plays, team buildings, drama, etc.

The main outcome of this project will be creating new tools and methods effectively develop competences for the future in the youth with whom they work.

The main result of the project will be the creation of methods and tools that allow youth workers to effectively develop competences for the future of young people with whom they work.



PROFILE OF PARTICIPANTS

To start with, this course is planned as **2** different mobilities (as explained above) and it will have the most sense when the same persons participate in both trainings. We invite **2** persons from each country, which means we will work in the group of **22** excluding facilitators.

We are looking for people who:

- already know will be able to participate in both trainings (we are aware of various life circumstances, and it might happen that you won't be able to come for the second training, this is why the tickets should be purchased after the first TC)
- Are 18 and more (there is no upper age limit)
- Are working with young people and want to develop activities for them (focusing on developing skills among young people)
- Actively involved in the activities of the sending organisation as a volunteer, employer, external expert (if not possible - a person who is somehow involved in the youth work in their local community or internationally and will benefit from this training)
- Preferably 1 man and 1 woman from one organisation, as we are trying to keep the gender balance, however motivation and involvement in the organisation is the key criterion
- Ability to express freely in English as this will be the working language of the course. If not possible, please ensure that 1 out of 2 persons is able and ready to interpret for their colleague.
- People who read carefully e-mails and documents sent to them, and answers to e-mails :)



IMPORTANT

**CHECK OUT THE SEPARATE DOCUMENT
ABOUT THE RESPONSIBILITIES OF
PARTICIPANTS!**

VENUE

You will be accommodated in **Willa Józef** in Zakopane, Polish mountains region called Podhale. We invite you to stay in 2-4 beds rooms, and if you are comfortable with that, we would like to propose you to stay with the persons from different countries, same gender. WiFi is available at the venue. However, we can't guarantee its quality, and we recommend not to plan any online meetings or work to do during your stay. Linen and towels are provided.

The workshops will take place in the building just 10 steps away from our Willa, in a cabin. As, the weather can be snowy/rainy and some persons, including the team like sitting on the floor, we kindly ask you to bring a pair of comfortable **"indoor"** shoes, not to use the outdoor shoes in the activity room.

ADDRESS OF THE VENUE:

WILLA JÓZEF
HARENDA 34
34-500 ZAKOPANE
PHONE (+48) 18 20 68 671
MOBILE (+48) 601 464 274
EMAIL: HARENDA34@GMAIL.COM

Pictures available here (unfortunately web is only in Polish):

[Http://www.zakopaneharena.pl/](http://www.zakopaneharena.pl/)

<https://www.facebook.com/jozef.wypoczyneknaharendzie>



ARRIVALS AND DEPARTURES

The first training course will consist of **7 days** of the program (**16th – 22nd of February 2019**) + **2** travel days (**15 th of February** – arrival day **and 23 rd of February** – departure day).

The second course will last **7 days** of the program (**16th – 22nd of July 2019**) + **2** travel days (**15th of July** – arrival day **and 23rd of July** – departure day).

In both cases, all the participants are expected to attend the **full program**.

NOTE:

We kindly ask you to plan your travel in a way to reach Kraków **15th of February 2019** by **4 PM** so that we can organise the **shuttle bus** for all of you to Zakopane. Don't worry if your flight is not to Kraków and consult your travel individually with Łukasz.

We aim to begin with dinner at **7 PM**, after dinner, some welcome activities will follow.

Departure day is the **23rd of February** after we know your itineraries, the team will organise the departures for you. NOTE that the bus from Zakopane to Kraków or Katowice goes approximately **2 hours**. It is very challenging to **reach the flights earlier than 9 AM**

ARRIVING BY PLANE

Warsaw, Katowice and Kraków airports are possible, but Krakow is the most convenient one as Zakopane is just 100km remote from Kraków. There is transportation going to be organized from Kraków depending on what time and how many of you decided to land or come there. As soon as your flights, buses and trains details are known the organisers team will provide you with further information about the transportation.

Before arranging ANY travel arrangements, please contact Łukasz Teofilak (lukteo@gmail.com) in order to advise you best itinerary. **Buying tickets without approval may cause not accepting this costs by the host organisation.**



TRAVEL BANDS AND REIMBURSEMENT

HUNGARY	180 EUR
BULGARIA	275 EUR
GREECE	275 EUR
MACEDONIA	275 EUR
ROMANIA	275 EUR
ITALY	275 EUR
CYPRUS	275 EUR
FRANCE	275 EUR
LITHUANIA	275 EUR
TURKEY	275 EUR

Our project is financed by Erasmus + Programme. Organisers will provide accommodation and food.

Travel costs will be covered according to the funding rules of Erasmus + Programme based on Erasmus+ distance calculator as follows (cost per participant, return ticket, in EUR).

Hosting organisation DOES NOT require any kind of participation fee.

Travel reimbursement will be based on real costs spent on tickets up to the limits listed above.

EXAMPLE:

maximum for a country is **275 €**. A participant spent on tickets 190 €, so he/she will receive 190 € travel reimbursement. Travel reimbursement will be calculated according to bills/invoices/tickets provided by a participant.

Please note, that in order to be reimbursed you need to keep all your recipes, invoices and tickets. As soon as you have them, please send copies or electronic tickets to Łukasz: lukteo@gmail.com.

Taxis - **we do not reimburse taxi expenses**. They can be reimbursed only under special circumstances (i.e. no other option to reach the airport, early or late flights etc.)

You will need to provide all these documents to organisers, if possible during the training, in order to avail of any travel reimbursement. Reimbursement will be done only based on originals of the tickets at the end of the training course.

It is allowed to come **2 days earlier** or stay **2 more days after** the TC, having on mind that in this case accommodation and meals for additional days will not be covered by the organisers team and you would need to pay by your own. Travel costs are reimbursed independently.

MONEY

The currency in Poland is Polish złoty (PLN)

1 euro = 4,30 PLN

bottle of water: 1-3 PLN (0,5l)



a juice in a cafe: 5-7 PLN



sandwich: 5-10 PLN



espresso in a cafe: 6-9 PLN



CREDIT CARDS

Most major credit cards (Diners, American Express, Visa and Mastercard/Eurocard) can be used for **payments wherever noticed, as a rule in most major hotels, shops, and restaurants.**

CLIMATE AND WEATHER



In February the average temperature is **0 degrees** during the day and **-6 degrees** in the night, note, that the venue of the training is in the mountains and the weather can be very different than in Kraków or Warsaw.

For sure there will be snow during our staying (be prepared for that). Information about the weather will be posted on the FB group.

GENERAL INFORMATION ABOUT POLAND AND USEFUL LINKS



<http://www.polska.pl/en/>

<http://www.foreignersinpoland.com/>

<http://www.staypoland.com/polandstereotypes.html>

<http://www.local-life.com/zakopane/guide>

https://www.virtualtourist.com/travel/europe/poland/wojewodztwo_malopolskie/zakopane-465545/travelguide-zakopane.html

Public transport in bigger Polish cities: <https://jakdojade.pl>

OTHER



You should self-organise your accommodation in case of early arrivals or late departures. Obtaining full insurance (travel risks, medical, injuries) is the participant responsibility, please take your insurance card with you. About any changes, you will be updated by organisers via e-mail or on our Facebook group, which your coordinators will invite you.

Preparation of the training – small task referring to the topic of the training will be sent via e-mail 3 weeks prior. More details can be found in the document “participants’ responsibilities”.

NGO fair – there is a space devoted to networking and to make it more visual and entertaining, we encourage you to bring some leaflets, videos, another kind of materials showing what your NGO does, what kind of initiatives you are involved in.

Intercultural evening – there is no structured activity planned in the schedule, though we invite you to bring some snacks from your countries to share during the coffee breaks and beverages in the evenings. If there is a will in the group, one of the evenings can be devoted to countries presentations, which we encourage you to be interactive, not youtubish :) This we will agree with the entire group on the spot.

Trips to Zakopane, Kraków, Auschwitz – we do not organise such trips, neither plan them during the course.

In case you would like to visit above mentioned cities and be sure you will have enough time to sightsee, we do recommend you to plan your trip in a way to arrive 2 days earlier or stay 2 more days after the project. If the time allows us, we may have a few free hours in Zakopane city centre.

MEET THE TEAM



Paulina Drzał

Facilitator, host; address your questions regarding the program, filling online form, and how the TC will look like to me!)

paulinadrzal89@gmail.com, +48 507 477 744



Łukasz Teofilak

Facilitation, coordination and practicalities; I will answer your questions regarding reimbursement, travel planning, transportation, venue; necessarily contact me while planning your trip!

lukteo@gmail.com, + 48 696 595 671



Karolina Nieckarz

logistic support, hosting support, photographer; I will assist you during the travel to Zakopane and will answer your questions about Poland, Zakopane and the area

karolina.nieckarz@gmail.com

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