	18th April Thr.	19th April Fri	20th April Sat	21th April Sun	22nd April Mon	23rd April Tu	24th April Wed	25th April Fri.
Morning Sessions (Main City Hall) **10.00am-14.15pm**		Get to know each other Group Building Intro to the program flow	Good morning body Triad of Emotional characters (2, 3 & 4) - body work	Good morning body Triad of Motoric characters (8, 9 & 1) - body work	Good morning body Triad of Motoric characters (8, 9 & 1) - Introspective Gestalt approach	Good morning body Triad of mental characters (5, 6 & 7) – Introspective Gestalt approach	Good morning body Research, Identification, Strategies of performance Building up the performance (filming a video)	Departure
Lunch Breaks 14:40 – 15:40		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
Afternoon Activities (Casa del Trigo) **17.30-20.30**		Introduction to Enneagram of the personality Connecting through the bodies - body work	Triad of Emotional characters (2, 3 & 4) – Introspective Gestalt approach	Free	Triad of mental characters (5, 6 & 7) – body work	Research, Identification, Strategies of performance	Building up the performance (Cont.) Closing Evaluation	
Dinner **21:00**	Dinner & Welcome evening	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	