

International Youth Exchange: *Youth Media Forum*



INFOPACK

NIZHNY NOVGOROD

16-25/04/2020



Erasmus+



Instytut Równowagi
Społeczno-Ekonomicznej



What is youth exchange?

Youth exchanges allow groups of young people from different countries to meet, live together and work on shared projects for short periods. On a youth exchange, you can expect to participate in activities such as workshops, exercises, debates, role-plays, outdoor activities and more. Its real added value is the people that take part in the exchange itself and these people are changing constantly. It is a unique opportunity to grow and widen your knowledge of a specific area of interest.

What is the topic of this youth exchange?

The youth exchange 'YOUTH MEDIA FORUM' aims to develop a critical understanding of media messages in order to recognize their actual content. Young people from Russia, Belarus, Bosnia and Herzegovina, Armenia, Poland, Slovenia, Italy and Lithuania will reflect on the role of fake news and how to verify it, talk about the role of media in each of our countries, their role in shaping the attitudes of tolerance / openness, as well as about the role of each of us in online media. It will be time to explore the subject of the way of presentation and influence of media on minority groups on the situation of people belonging to these groups.

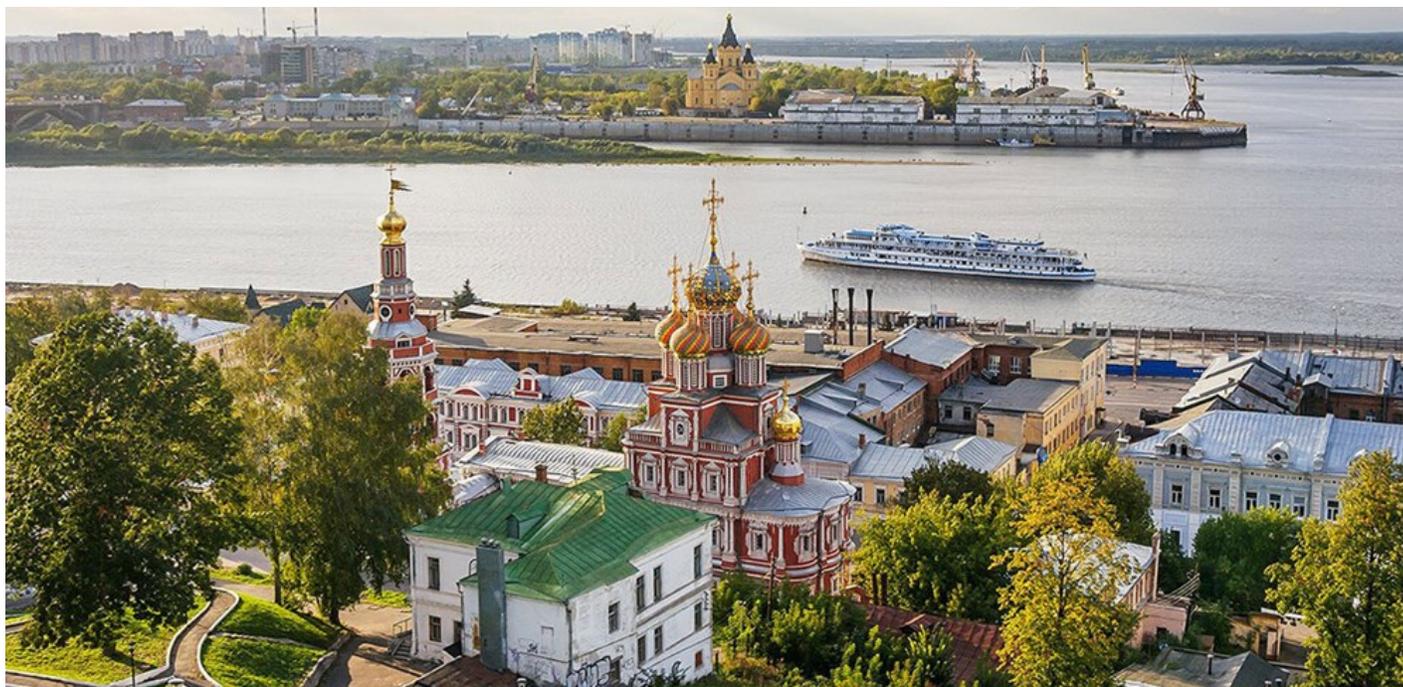


Where will I go?

The youth exchange will take place in Nizhny Novgorod – a city in the European part of Russia located in the confluence of the Oka and the Volga rivers. The city was established in 1221 and is located 400 km away from Moscow. It is one of the most ancient cities of trade and handicrafts in Russia.



Nizhny Novgorod is where Maxim Gorky, one of the world's best known Russian writers, spent his childhood. There are over 120 religious communities and societies in Nizhny Novgorod and a walk along Rozhdestvenskaya Street is a guaranteed way to get in the perfect mood and become immersed into the atmosphere of the past.



How that will be?

- Accommodation and 3 meals per day are for free.
- There is no participation fee.
- Participants will be accommodated in dormitory rooms in mixed national, same gender groups.



The averages temperature in April in Nizhny Novgorod is between 2°C and 11°C during the day.

What about the travel?

In accordance with Erasmus+ distance calculator we reimburse travel costs up to:

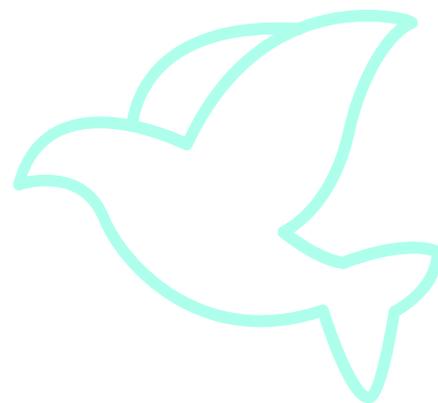
275 EUR for participants from:

- Armenia
- Belarus
- Lithuania
- Poland

360 EUR for participants from:

- Bosnia and Herzegovina
- Italy
- Slovenia

If you spend more we will not be able to reimburse you over the above mentioned limit.



Each participant will receive 100% of his/her reimbursement according to above only after:

- Presentation of travel documents (boarding passes, invoices and tickets).
- Filling in the official mobility tool report.
- Participating in the whole Youth Exchange (daily activities start at 9:45 a.m. and finish at 10 p.m.)

What else do I need?

To enter Russia you need a passport, which is valid at least 6 months from the day of crossing the border travelling home.

Participants from Italy, Lithuania, Poland and Slovenia need also visa.

Each partner organisation will help you with the visa application process. You will get the invitation letter from the Russian partner organisation.

Visa costs (insurance included) for participants from Italy, Lithuania, Poland and Slovenia up to 50 EUR per person will be covered from the project's budget.



Profile of participants

- age 18–30
- communicative English
- interest in the topic of the project
- youth with no long professional experience on the topic
- participants with no experience in Erasmus+ projects are welcomed



Why should I apply?

- It's free. EU program Erasmus+ will cover your travel, your stay, and the food during the whole project according to above.
- It's a great opportunity to improve your English. All the activities are in English.
- It's a great opportunity to meet new people of your age around Europe, developing connections and friendships.
- Youth exchange means widening your knowledge about cultures far and near from us.
- Youth exchange means learning how to live in a community.

How to apply?

We are glad that you want to join the youth exchange. Please fill in the **REGISTRATION FORM** till February 29th, 2020.

What if I have any questions?

Feel free to contact partner organisation coordinator or:

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*SEE YOU SOON IN NIZHNY
NOVGOROD!*