



Training Course

STEPS ON SPECTRUM



9-15 MAY ALICANTE, SPAIN



ABOUT THE PROJECT

This project aims to improve support for families with children on the autism spectrum by training youth workers, promoting inclusion, and fostering international collaboration. It focuses on equipping youth workers with tools to better support young people with autism, encouraging community understanding and acceptance, and building lasting support systems. Seven 7-day training courses will involve 25 participants from 9 countries, including young parents, youth workers, teachers, and educators. Priority will be given to young parents facing financial challenges or unemployment, ensuring those with fewer opportunities are included.

Key outcomes include better care for children with autism, increased social acceptance for families, and enhanced skills for youth workers and educators to work across cultures. Participants will benefit from intercultural learning and personal growth, with a special focus on younger individuals. The project also aims to achieve gender balance, with equal representation of male and female participants. Through collaboration and shared ideas, this initiative will create sustainable support systems and long-term benefits for families and youth workers across Europe.

Dear project partners and potential Participants!

In this infopack we present you information that will be useful for you. Please make sure that you read all of them carefully.

If you have any additional questions, we will be happy to help :)

Contact us on:
bojan.stojanoski@outlook.com

PROFILE OF PARTICIPANTS

- Number per Country: **3 participants.**
- Target age group: 25–45 (Participants below 18 years of age will not be accepted.)
- Language: Good knowledge of English.

Target Groups:

- **Young Parents of Children with Autism:**
 - Particularly those facing financial challenges, unemployment,.
 - Individuals excluded from educational opportunities.
- **Youth Workers:**
 - Professionals supporting young people with autism.
- **Teachers and Educators:**
 - Working with children and youth with autism.

Key Criteria:

- Inclusive approach, prioritizing individuals with fewer opportunities.
- Gender balance (equal male and female participation).

Selection:

Partner organizations are responsible for participant selection.

TRAVEL BUDGET PER PARTICIPANT

Spain 0 EUR.
Hungary 309 Eur.
Lithuania 395 EUR.
<u>Romania 395 Eur.</u>
<u>Poland 395 EUR.</u>
<u>Serbia 309 Eur.</u>
<u>N.Macedonia 309 EUR</u>
<u>Türkiye 395 EUR.</u>

The participants should **arrive** in the hostel on **09th of May 2025.**

Departure will take place on **15th May 2025.**

Participants can come **1 day** before project starts **and/or** can stay **1 day** after project ends.

Organizers DO NOT cover accomodation costs out of project dates and venue.

REIMBURSEMENT CONDITIONS

In order to receive travel reimbursement participants have to meet certain criteria:

- EACH PARTICIPANT'S TRAVEL PLAN HAS TO BE ACCEPTED BY THE COORDINATORS BEFORE ANY PURCHASE! TICKETS THAT ARE NOT ACCEPTED ARE NOT A SUBJECT TO RECEIVE TRAVEL REIMBURSEMENT.
- take part in all activities at the project
- provide needed justifying travel documents
- fill the Erasmus Mobility Report

TRAVEL DOCUMENTS' REQUIREMENTS (depending on the type of transport)

Flight tickets (economic class / low cost):

- >**e-ticket/e-mail conformation of purchase** (you receive it by e-mail after you buy the flight / e-mail that you receive as a confirmation that you made a payment with all the details about your flight, your name & surname and the price);
- > **invoice** (please check if you can generate the invoice for your flight purchase, invoice is necessary if you do not have the e- ticket / e-mail confirmation of your purchase)
- >**boarding pass** (you get it online 24h-30h before the flight or directly at the airport);

Please note that SCREENSHOTS of boarding pass'es are NOT ACCEPTED. We need from you the original PDF online boarding pass or the original paper version received at the airport. So remember to NOT CHECK-IN VIA MOBILE APP. Do it using only the web browser on the site of your Airlines (only in this way you will receive PDF version of your boarding pass).

Train / bus tickets - make sure the date, the itinerary and the price are visible at the tickets. If you can get an invoice - even better (only original PDFs or paper versions; photos/screenshots of the tickets are also not accepted)

We don't reimburse Taxi /Uber/ BlablaCar etc - We only take in consideration official public transport and the cheapest option to get to the venue.

ACCOMODATION



Hostel name: **Albergue Hostel La Florida**
address: **Av. Orihuela, 59.**

03007 Alicante

Link to the hostel:

https://reaj.com/albergues/juvenil-la-florida/?fbclid=IwY2xjawH8YNVleHRuA2FlbQlxMAABHdOaqZpUbQ10IZoBj3etds6_fLiqHmyXeQKk9fNMT5RaEwhSz2vMxOBmQ_aem_Km81FL95mA4s72DT9YR5iw

Participants will be accommodated in 2/3/4 bed rooms with shared bathroom grouped by gender with participants from different countries.

Please note that towels are not provided for free at the hostel. You can either bring your own or rent one at the hostel for 2 euros.

Organizers will provide 3 meals a day.
The options are: Vegetarian, Vegan, No pork.

IMPORTANT INFORMATION TO REMEMBER

TRAVEL

Each participant is responsible for purchasing their own tickets. However, one person may also buy tickets on behalf of multiple people, following the guidelines. Please refer to the travel budget to ensure the maximum covered amount is not exceeded. It is recommended to purchase tickets online so they can be printed multiple times. Additionally, try to purchase all tickets in euros.

DOCUMENTS

Name of passenger, price, currency and date of purchase should be **clearly visible** on all documents to be viable for reimbursement. Copy of tickets are **not enough** according to Polish accounting rules - we need **original documents**.

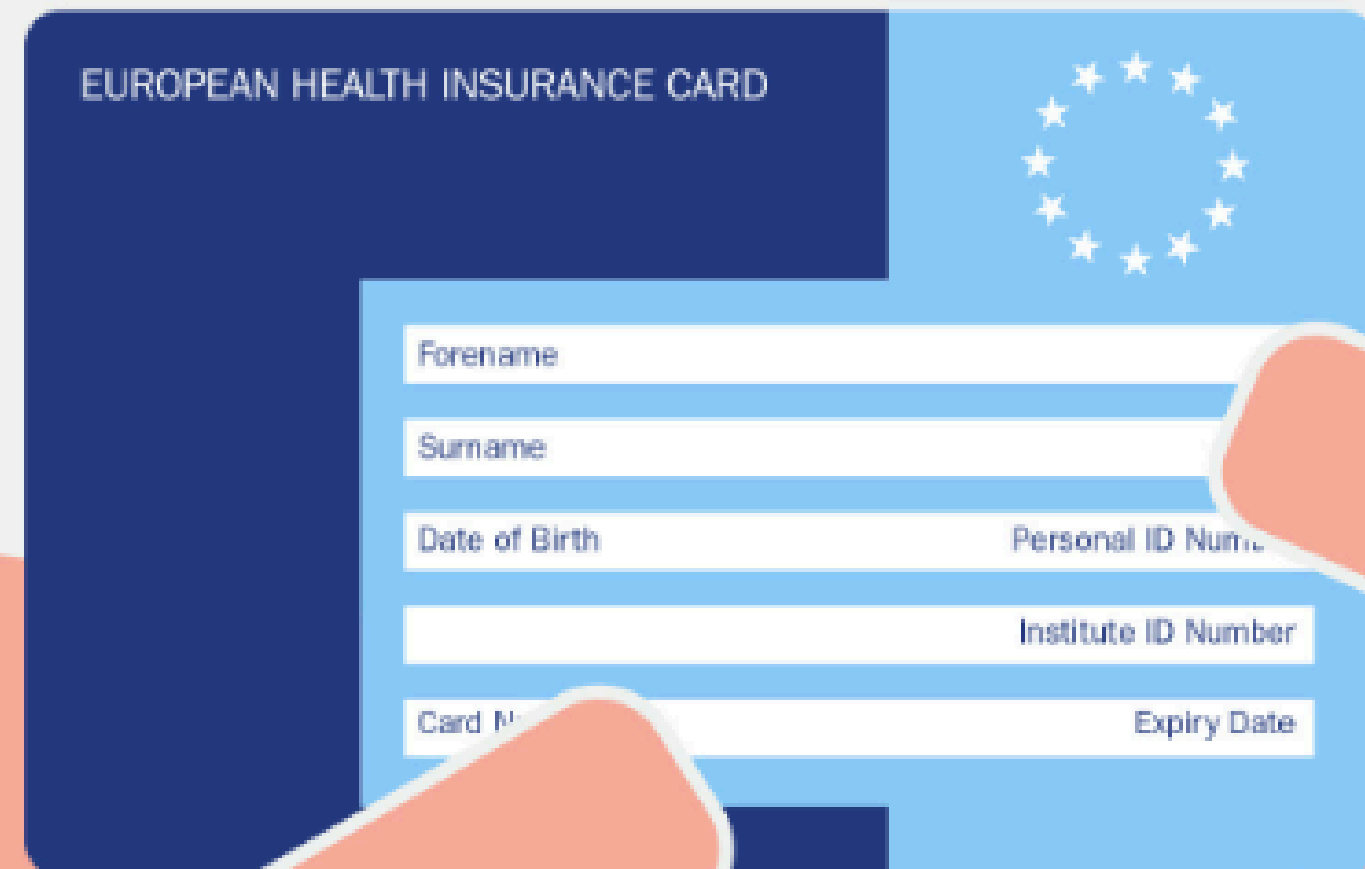
REIMBURSEMENT

Reimbursement will be done by bank transfer **after the project** and after providing us all documentation. The organizers do not cover bank transfer fees. Please note that participants from Turkey, N.Macedonia, and Serbia may incur higher bank fees after the reimbursement. You need to bring the **copy of the tickets with you**, in the hostel there is not a printer.

PLEASE NOTE

The tickets booked without our permission or missed flights or any other reasons which the participant could not attend the training **will not be reimbursed**. Bank proof and confirmation of transaction charged for the tickets **might be asked** if there are any doubts.

INSURANCE



It is required for every participant from EU country to have the **European Insurance Card**, which provides a free insurance for EU

participants on the entire territory of the European Union.

Participants from Türkiye, N.Macedonia and Serbia need to purchase private travel insurance.

The proof of the travel insurance should be sent to the organisers one week before arriving to the venue.

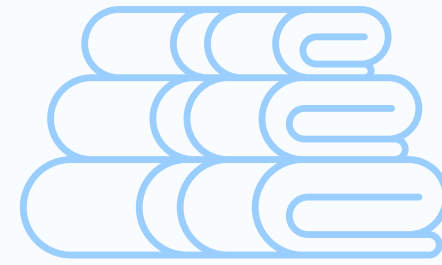
Project organizers don't reimburse travel insurance.

PREPARE YOURSELF

On the right you can find the list of what can be useful during your stay in Poland.

Do not forget about anything to enjoy the project and create memories! :)

FOR COMFORTABLE STAY



towels



suitable clothes



cosmetics

FOR CULTURAL EVENING



traditional food



souvenirs



dance and games

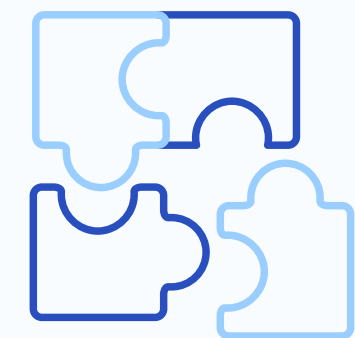
FOR SESSIONS AND INTEGRATION



ideas



good mood



ice breakers

SEE YOU SOON! 😊