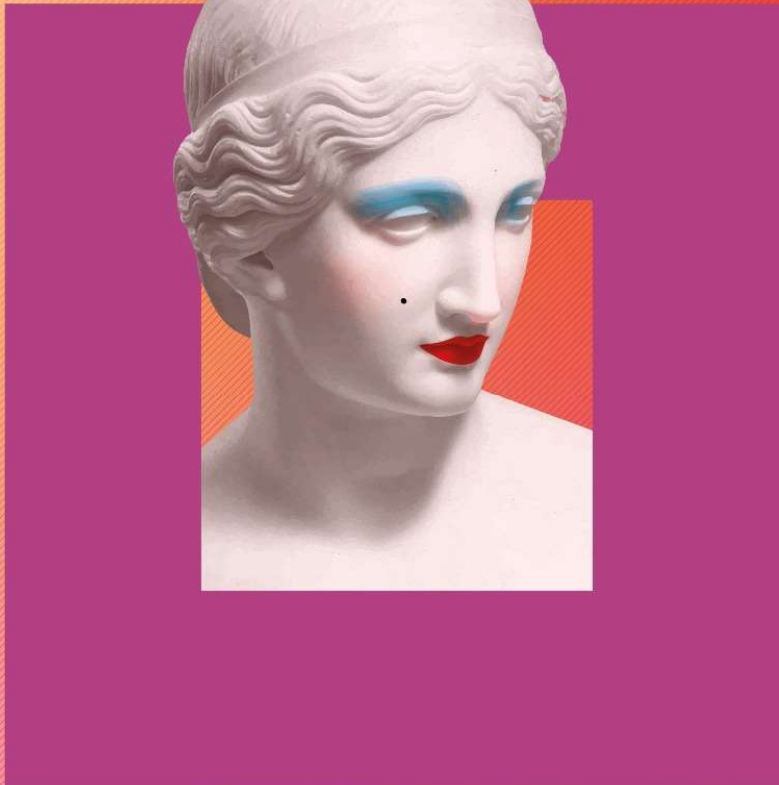


q-est.it @q\_est\_napoli QestNapoli

# QUEST FOR EU



**ERCOLANO**  
24/9 \_ 3/10



Co-funded by the  
Erasmus+ Programme  
of the European Union

# ABOUT QUEST FOR EU



Since the outbreak of Covid-19 many young people in Europe have suffered greatly from the restrictions and limitations imposed by the governments. The Covid-19 crisis has had a disproportionate impact on young people's life satisfaction and mental well-being compared to older groups. Restrictions on social activities has particularly effected young people's social development and participation. There is a risk that inequality in opportunity will accumulate, resulting in feelings of unfairness and mistrust.

Since 2019, TWOPLUSTWO has been incubating the project idea in the framework called **Q-Est**, which will encourage the involvement of young people in cultural participation and stimulate their appetite for learning through creativity and imagination. Q-Est is specifically designed to address the youth goal #3, Inclusive Societies 'Enable and ensure the inclusion of all young people in society'

We believe nowadays it is essential to offer young people the opportunity to make practical experiences and take a detox from the amount of theoretical knowledge to which they are subject to throughout their youth.

Quest for EU is a call to creativity, an effort to establish and stimulate dialogue between young Europeans and communities. It will allow youths the opportunity to work on their creative capacities and contribute to the process of community development we are carrying out at a local level in the hope to inspire similar initiatives in the participating countries of the exchange.

## OBJECTIVES

- ❖ To create a safe space for young people to work on their creative capacities;
- ❖ To stimulate participation through artistic and creative practices;
- ❖ To explore the topic of community development and social cohesion;
- ❖ To encourage youth to take care of their own community at social, cultural, environmental level;
- ❖ To enrich the community festival with the active participation of young Europeans and their ideas;
- ❖ To promote an image of Europe as young, creative and participative for all;
- ❖ To boost young people's personal development through the acquisition/empowerment of soft skills

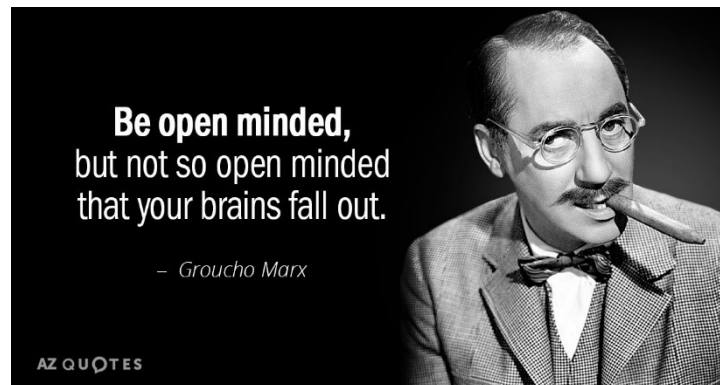


# PREPARATION

Each group will be in charge of organizing a cultural evening, presenting their own culture. You can refer to the timetable below. The idea is to let emerge a presentation beyond the stereotypical images we perceive from abroad or from media, and engage actively with the other participants. For that, your cultural presentation has to respect certain guidelines: it has to be interactive and safe, meaning involving everyone for a maximum duration of 30' having in mind the **K.I.S.S.** method (Keep It Short and Simple). Remember that powerpoint has been banned long ago from South Italy.

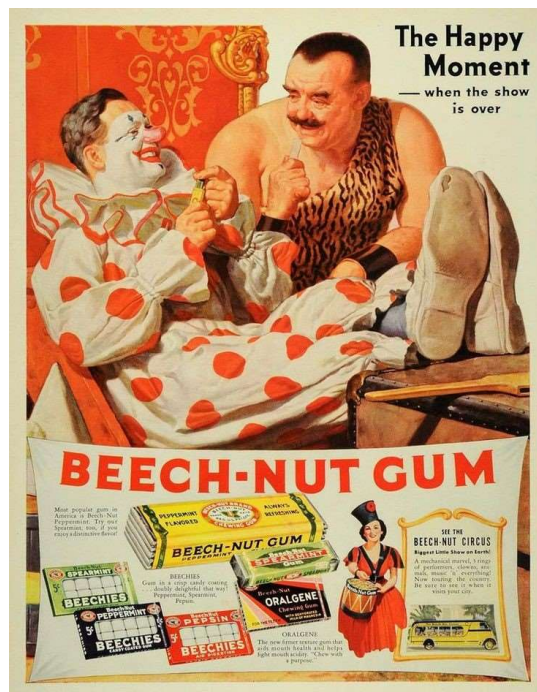
If you need material please contact the organizers in a timely manner. Feel free to bring traditional snacks, delicatessen and spirits (do not exaggerate with that and remember that legal age for drinking in Italy starts with reaching 16 years old)

1 - 25.09	2 – 26.09	3 – 27.09	4 – 28.09	5 – 29.09	6 – 30.09	7 – 01.10	8 – 02.10
GET TO KNOW EACH OTHER	Community Building	Inside or Outside the box?	WORKSHOP IN ROTATION	Start of the Workshops	Ongoing of the workshops	Ongoing of the workshops	Community festival
TEAM BUILDING	The role of young people in EU	Creative Brainstorming	FREE TIME	Ongoing of the workshops	Ongoing of the workshops	Closing of the workshops	Restitution
Artist in the spotlight	Italy & Portugal	North Makedonia & Lithuania	FREE TIME	Community Parade	Denmark & Bulgaria	...	Farewell party

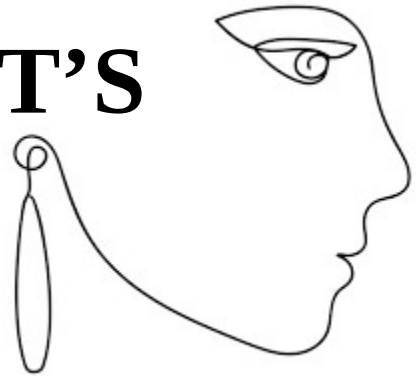


# PARTNERS

- Teatro Metaphora
- Open Space Foundation
- Sfera International
- Passion Udflugt
- Tarptautinis bendradarbiavimo centras



# PARTICIPANT'S PROFILE



Each team will be composed of 6 participants + 1 team leader (over 18)

- ◆ Willing to explore their creative/artistic capacity;
- ◆ Willing to try out different creative methods;
- ◆ 19 – 23 years old\*;
- ◆ Able to engage in English;
- ◆ Motivated to actively contribute to the success of the exchange;
- ◆ Able to attend the whole duration of the exchange;
- ◆ Having participated in max 2 Erasmus projects before.

\* One or two people can be out of this range, i.e. 17 - 25, please select participants in the respect of gender balance and target range



**Each selected participant has to register to the following link: <https://forms.gle/5iHbvwHGBPBDpS6VA>**

# ACCOMODATION

Participants will be lodged in the colourful ECO HOSTEL FLOREAL

The hostel will provide (male and female) dorms for the groups, participants will be sharing space with participants from other nationalities.

You can check out more info to the link below

<http://www.ecohostelfloreal.com/>

## BOOKING

The partners will be responsible for the booking process (flight, train, ecc.) and all participants must arrive at the scheduled time **as a group**.

Each participant is obliged to pay **9 euro** as tourism city tax to the City of Ercolano (1 euro per night) **the tax will be deducted from travel reimbursement or it can be paid cash on the spot. In case young people cannot afford it, the hosting organization will cover these costs.**

The project is fully funded by the Erasmus+ Programme. However, there's the travelling budget limit per country. The maximum travelling budget is as follows:

- ▶ Portugal - 360 EUR
- ▶ Bulgaria - 275 EUR
- ▶ Lithuania - 275 EUR
- ▶ Denmark - 275 EUR
- ▶ North Makedonia - 275 EUR

**Do not booking any tickets without consulting us first!**

**International travel expenses can be reimbursed ONLY upon presentation of ALL ORIGINAL DOCUMENTS, stating your travel data and costs (boarding passes, tickets for plane/bus/train/etc., invoices, bank statement if needed).**

**You will be reimbursed after the exchange upon presentation of the return tickets**

# HOW TO GET THERE

Airports: Capodichino (Naples) or (Rome Ciampino / Fiumicino)

Leave Capodichino airport & catch the bus Alibus and get to Piazza Garibaldi (Napoli Central Station) Ticket 5 euro

Inside the station you should look for Linea 2 (Trenitalia) and take the train toward Salerno or Castellammare di Stabia, Ticket 2.20 euro (stop in Torre del Greco) - 2<sup>nd</sup> option take Circumvesuviana train and get off in Ercolano (Miglio d'Oro)

The hostel is 15 minutes on foot from both stations.

## GROUND RULES



It is advisable that each team leader is in charge of collecting original tickets, boarding passes and invoices/receipts for their own group (only second class and apex fare will be accepted). In case you arrive late and public transport does not work, groups are allowed to take a cab to the location of the hostel. Participants **MUST** travel in groups and depart from the city\* where the participating organization is based. **\*Any possible variation has to be agreed with the organizers first.**

**Groups can extend their stay in Italy up to 2 days at their own expense!**

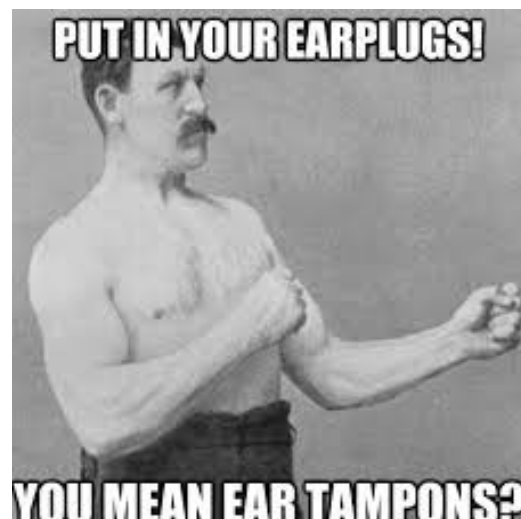
Maximum reimbursement for travel costs per person is 275 euro for all countries but Portugal, which is 360 euro per person.

Wherever possible, go digital and do not print tickets and bookings, but remember to collect evidence of your travel expenses!!!



# WHAT TO BRING

- ◆ Passport/ID
- ◆ Comfortable clothes and shoes for the activities
- ◆ Health insurance card (EHIC)
- ◆ Personal towel and toiletries
- ◆ Power plug adapter (type F/L)
- ◆ Earplugs (not mandatory but advisable)
- ◆ Extra doses of motivation and good mood :)
- ◆ Sun protection
- ◆ Water bottle & your own mug/cup
- ◆ Personal mouth cap



# CONTACTS

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