



TRAINING COURSE

“Virtual inclusion for young generation”

Sarkoy, TURKEY 06 – 13 January 2023

Hosting Organization: Karadeniz Egitim ve Genclik Dernegi

Applicant Organisation: Cirque et arts en liberte (Belgium)

Description of Project

This training session is meant to give participants the opportunity to improve their skills in using new and creative digital methodologies and contribute to the evolution of their NGOs developing digital strategies for them to integrate it into their work. Digital transformation should be implemented step by step to help disadvantaged youth groups become more integrated into society via virtual tools. The main core of the program is the introduction of main principles and practical tools for digital transformation of youth NGOs and in particular digital strategy creation. During simulation activities, participants will acquire trust-building, productive communication, and conflict-resolution skills with a close connection to their regular work with vulnerable groups of young people. The experiences will be followed by meta-level reflections on how those approaches can be used and adapted in their work with young people struggling with social exclusion and peaceful communication barrier issues to create a trusting environment for their nonviolent self-discovery, reflection, and expression.

As a result, kids will improve their "Learning to Learn" skills. Theoretical inputs from the program will provide participants with an understanding of the influence of these strategies on life improvement, particularly in the field of working with disadvantaged young people. Participants will be able to improve their fundamental scientific understanding on the themes as a result of this. During the sessions, they will be given the opportunity to critically reflect on and discuss those concepts, which will help students strengthen their analytical thinking abilities. They are also supposed to have gained a more positive attitude about the employment of digital technology in general. They will get new insights on tackling the same problems in different ways during the sessions of sharing challenges in working with disadvantaged groups, especially taking into consideration cultural characteristics of their work with the same target group. They will further strengthen their empathy and understanding via the interactive exercises focusing on the requirements of the target groups.

Participants will also be given time and space to consider how they might use the knowledge and skills they gained during the project to start a follow-up initiative in their communities or participate in international activities. These types of activities will encourage participants to develop a greater sense of «initiative» and take action in support of underserved communities. Finally, in terms of international mobility, the participants will have learned about the options provided by Erasmus+ and how they can apply them in their work with their target populations. Participants will develop a variety of skills, information, and behaviors.

Weather

Since hot and cold mean different to all of us, it is much better to give a look at this website before departure!

<https://www.ou-et-quand.net/partir/quand/moyen-orient/turquie/-arkoy/>

Accommodation and Venue

Sarkoy, Turkey

The city of Sarkoy is located by the sea about 250 km from Istanbul. We will stay in a hotel adapted to the needs of the project. All meals will be provided and covered. Hotel info and address will be announced in Facebook group.



Time plan

Before buying the tickets confirm with us the chosen flights. Day of arrival is set to 06 January, departure day is 13 January 2023.

Insurance

All the participants are responsible to obtain a health and full travel insurance. The costs for the insurance have to be covered by you. If applicable remember to take your Health Insurance Card.

Transportation

Each participant is responsible for managing his/her own transportation from his/her home to venue of the project. However, we advise you to organize it collectively with members of your own national team. Please do not buy your flight tickets before confirming with us.

Your flight alternatives are as follows: The closest airport to Sarkoy is Istanbul airport.

How do I get to Şarköy?

If you're coming by bus, contact to us before you take bus

If you're coming by plane to Istanbul Sabiha Gokcen airport, take the bus or metro to Istanbul Esenler Otogar.

From Otogar, you can take a coach to Şarköy with the following companies (+- 10 euros): Şarköy Seyahat, MetroTurizm, Istanbul Seyahat The hotel is 10 minute walk from the bus station. You can find the bus timetables here: <https://www.obilet.com/> If you're coming by plane to Istanbul IST airport, you will see direct buses to Tekirdag. When you get to Tekirdağ bus station you will see companies with buses to Şarköy directly, take one and we will be there waiting for you there at Şarköy Otogar.

Important

This is a Training Course so there is no age limit. Preferably 25-45.

Participating countries are: Belgium, Turkey, Armenia, Georgia, Lithuania and Ukraine.

Cost

Expenses of transportation within project week, meals and accommodation will be covered by hosting organization, you are only responsible for your personal expenses

There is a different superior limit for each country according to distance calculator of European Commission. See table below.

On your ticket (flight, bus, train) your name, surname, date and amount must be written In case you have an unpriced ticket, you must have an invoice stating the amount. Please scan the page of your passport which includes your photo and send it to suleymanprojects@gmail.com and before the project so that we be able to complete your registrations for the hotel.

Put your invoice, arrival boarding pass, scanned page of your passport (or the copy of your identity card for the ones who come only with their ID card) in an envelope on which your name is written and give us it in the first day you arrive. If you lose your boarding pass or after project if you do not send the original form of your boarding pass, your travel expenses are not to be covered. Missing tickets will not be reimbursed.

Money transfer will be in EURO and will be transfer to partner NGO or group leader's amount after we recieved original bording passes and tickets from your country team(for example if we recieved original bordingpasses from participants 10 days after project we are going to transfer their travel costs immediately Regardless of the currency indicated on your ticket and receipt/invoice. We would like to remind you that flight tickets needto be economy class. Use of taxis is not covered. Expenses incurred by participants before or after the official duration of the training course cannot be covered.

Following the guidelines of the Erasmus + programme the return travel must be realized by the

participants on direct way within maximum 2 days. In case of longer stays or indirect travelling (holiday travel etc.) there is no chance of reimbursement of travel costs. Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site for the month of ticket purchase http://ec.europa.eu/budget/contracts_grants/info_contracts/infoeuro/index_en.cfm

Travel costs will be covered up to limit in below check your country limit pls

Country	Number of Participants	Maximum grant per participant
Belgium	5	360
Turkey	5	320
Ukraine	5	275
Armenia	3	275
Georgia	3	275
Lithuania	3	275

What to bring?

All tickets, invoices and boarding passes of your transportation. Open mind. Creativity.

Cultural Nights

Listening rhythms of your country could be nice!

Maybe a traditional dance or a street game from your childhood?

A short presentation of your country, maybe a small quiz with an award?

We would like to take photo with your national flag and taste your national drink!

It is better if you contact to other participants from your country and make a program together for cultural night

Additionally We would be pleased if you want to show us the icebreakers you have learned in the previous projects in order to jazz the Project up!

Pls join our facebook project group <https://www.facebook.com/groups/875545657134248>

Contacts

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If you have any question for transportation, ask to Musab Önen:

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