

SAFE PATH

TRAINING COURSE

INFOPACK

10 - 18 JUNE 2024

Gåsbustua, NORWAY

SUMMARY

International youth work presents unique challenges, making it imperative to work on bolstering the capabilities of organizations to deliver high-quality international activities within safe and supportive environments. The overarching goal of our training course, aptly named 'SafePath,' is to equip youth workers with the competencies needed to conduct youth activities within secure and nurturing settings. The protection of young people is a paramount concern for all those working with youth.

COUNTRIES

Germany, Norway, Lithuania, Turkey, Bulgaria, Serbia, Latvia, Hungary, Italy, Spain.

50 people

(5 participants from each country).

DESCRIPTION

Enhance the knowledge of participants regarding risk and safety issues in youth projects.

-Facilitate a comparison of policies and practices among participating organizations.

-Develop the competencies of participants in managing risks, including emergency situations, accidents, and suspected instances of abuse during the course of a project.

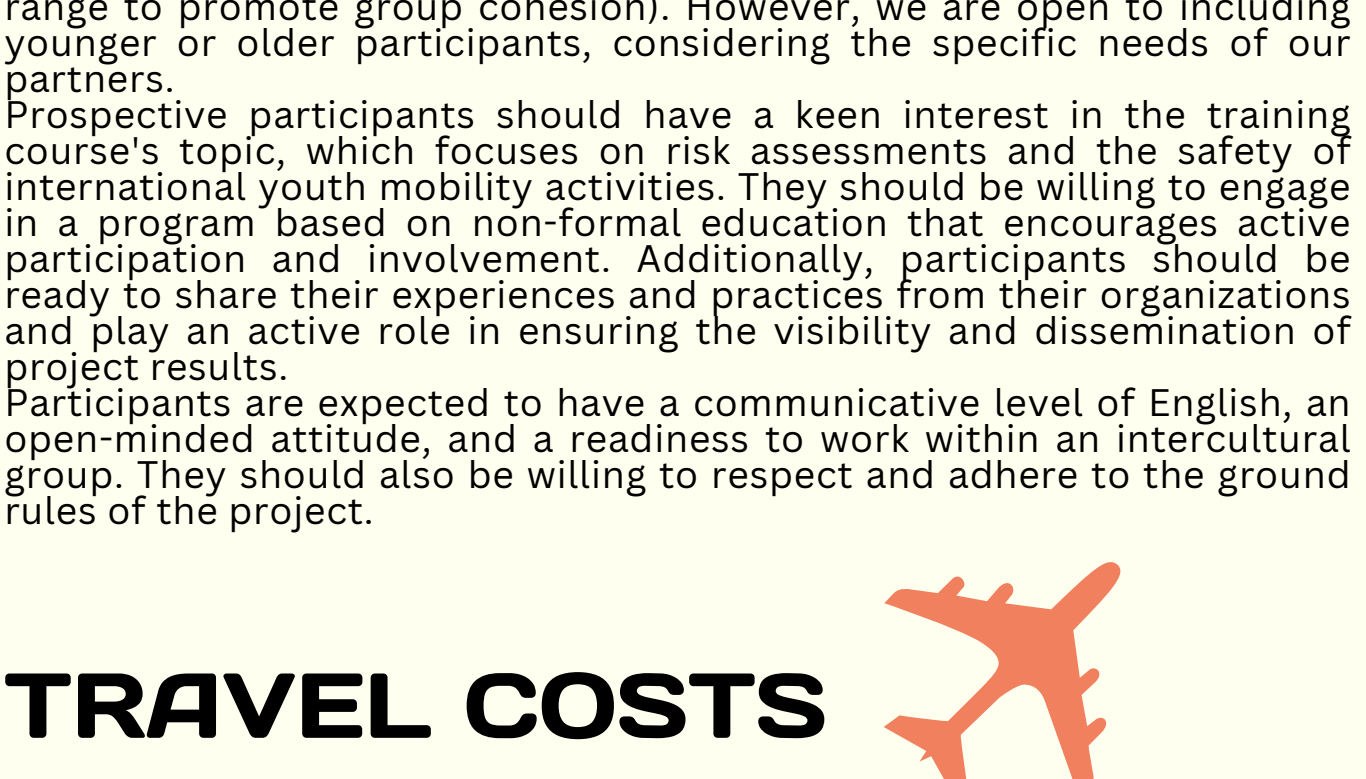
-Create a comprehensive guideline in the form of a 'checklist' for youth organizations to follow when organizing international youth projects.

-Increase the knowledge of participants regarding the Erasmus+ Programme and support them in the creation of new international projects

ACTIVITIES AND METHODS

Working Methods

Experts will select methods that align with the participants' learning needs and interests. These methods will be rooted in non-formal education, with the goal of encouraging active participation, fostering an open and supportive group dynamic. Throughout the training, participants will engage in various activities, such as presenting existing policies and guidelines, analyzing international youth projects in terms of risks and safety, attending interactive presentations by First Aid experts and addressing abusive situations. They will also simulate international youth projects from the perspective of young people with fewer opportunities. Additionally, participants will take part in debates, collaborate in mixed intercultural teams to develop a 'checklist,' and engage in reflection and evaluation activities to assess their learning progress.



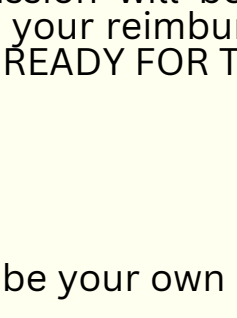
Who can participate in the youth exchange?

Youth workers, including those with fewer opportunities, are the intended participants for our project. They should fall within the age range of 22 to 35 (although there is no age limit set by the Erasmus+ Guide for KA1 participants, we aim to have participants within this age range to promote group cohesion). However, we are open to including younger or older participants, considering the specific needs of our partners.

Prospective participants should have a keen interest in the training course's topic, which focuses on risk assessments and the safety of international youth mobility activities. They should be willing to engage in a program based on non-formal education that encourages active participation and involvement. Additionally, participants should be ready to share their experiences and practices from their organizations and play an active role in ensuring the visibility and dissemination of project results.

Participants are expected to have a communicative level of English, an open-minded attitude, and a readiness to work within an intercultural group. They should also be willing to respect and adhere to the ground rules of the project.

TRAVEL COSTS



According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated using a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Germany	Norway	500-1999 km	5	275€
Norway	Norway	0 km	5	0€
Lithuania	Norway	500-1999 km	5	275€
Bulgaria	Norway	2000-2999 km	5	360€
Italy	Norway	2000-2999 km	5	360€
Spain	Norway	2000-2999 km	5	360€
Serbia	Norway	2000-2999 km	5	360€
Latvia	Norway	500-1999 km	5	275€
Hungary	Norway	500-1999 km	5	275€
Turkey	Norway	3000-3999 km	5	530€

AFTER SENDING

Their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Norway). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants.

It may be that money from European Commission will be late several months; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (up to 6 Months! BE READY FOR THAT).

Keep your bus / train tickets as well!

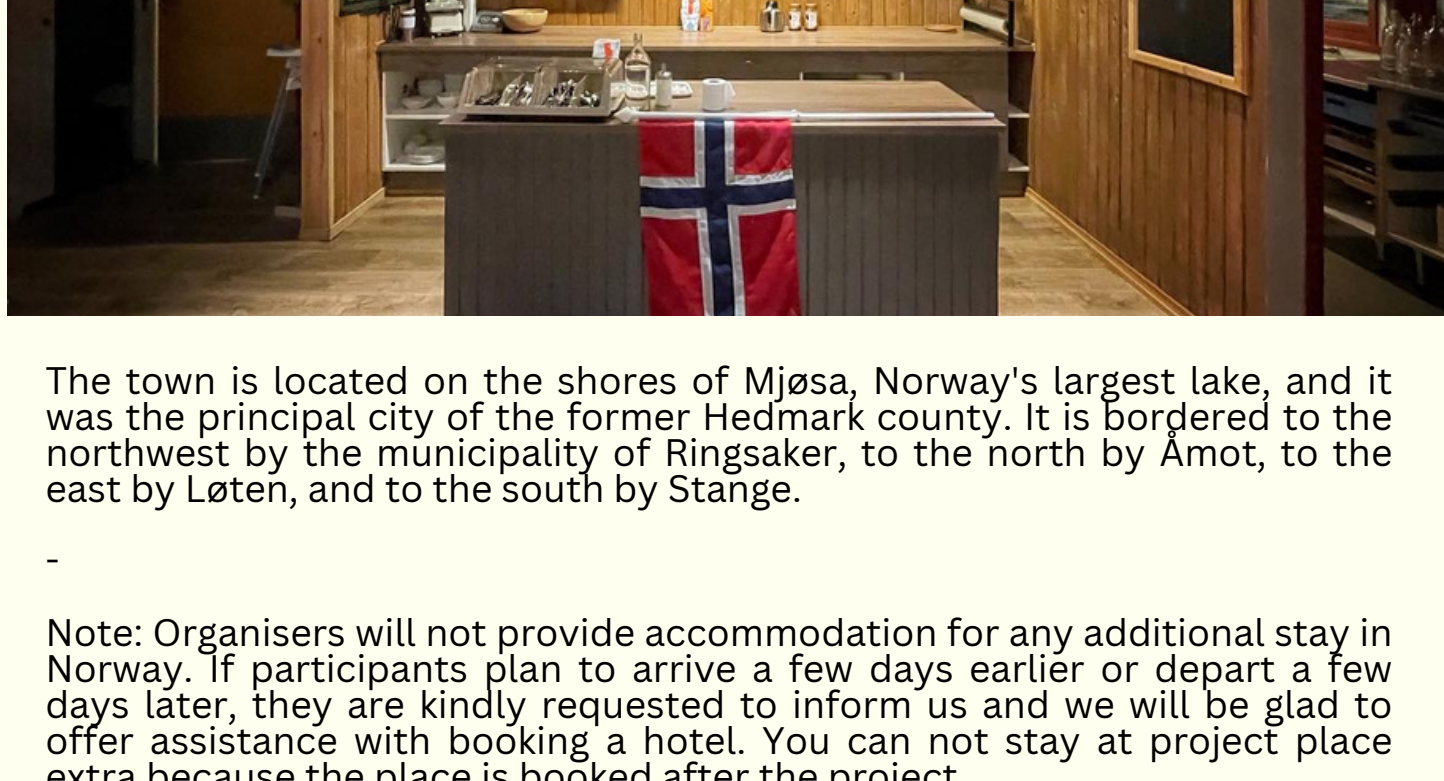
Travel by cars / taxis is not reimbursed.

Please note any extra days you wish to stay will be your own responsibility and your food etc.

Visa costs will be covered by participants.

THE VENUE

Hamar is a town in Hamar Municipality in Innlandet county, Norway. It is part of the traditional region of Hedmark. The administrative centre of the municipality is the town of Hamar. The municipality of Hamar was separated from Vang as a town and municipality of its own in 1849. Vang was reincorporated into Hamar on 1 January 1992.



The town is located on the shores of Mjøsa, Norway's largest lake, and it was the principal city of the former Hedmark county. It is bordered to the northwest by the municipality of Ringsaker, to the north by Amot, to the east by Løten, and to the south by Stange.

Note: Organisers will not provide accommodation for any additional stay in Norway. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel. You can not stay at project place extra because the place is booked after the project.

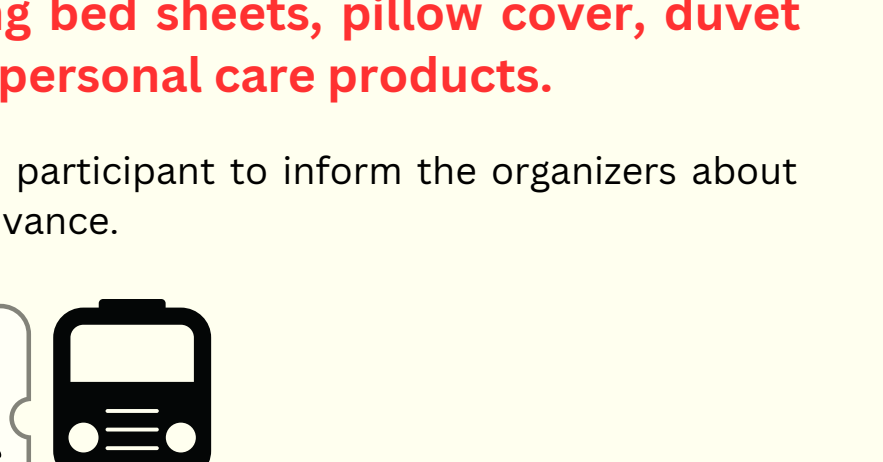
You can come 2 days before the project and You can stay 2 days extra after project. More than this will be not accepted!

ACCOMMODATION

Gåsbustua - storhytte!

<https://www.gaasbu.no/kopi-av-hytteutleie-st-olav>

Rooms: Participants will be accommodated in 3, 4, 6, 8 people each room. The main activity room is located in the accommodation. Wi-Fi internet connection is available. Organisers will provide participants with three meals per day. Food will be served.



Each country will prepare breakfast one day and will be part of the washing dishes that day.

Participants MUST bring bed sheets, pillow cover, duvet cover, towels and their personal care products.

We strongly recommend each participant to inform the organizers about any special dietary needs in advance.

AFTER SENDING



You can fly to Gardermoen Airport or Torp/Sandefjord Airport.

If you come to Gardermoen Airport, you can take train to Hamar Sentral Station and then take bus to our venue.

If you come to Torp/Sandefjord Airport, you can take Larvik-Lillehammar train to Hamar Sentral Station and then take bus to project place.

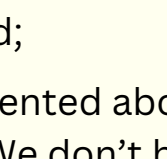
For travel info: www.vy.no

WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

HEALTH INSURANCE



Health insurance is not provided and will not be reimbursed by the organizers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.

The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

✓ Bring all your travel documents as presented above. Print out all your documents even if they are online. We don't have printing opportunities.

✓ Prepare a presentation about the sending organization (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.

✓ Find interesting videos / games / exercises / educational activities on diversity.

✓ Prepare energisers that could be done in the morning.

✓ Prepare for your country's cultural evening. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to bring your national drinks, dishes or snacks to share with others

✓ check the weather forecast before arrival and bring adequate clothes. Please also bring clothing and shoes that can be used for strenuous activities (such as dancing, Oscar nights, Eurovision).

✓ Bring good spirit, joy and happiness!!!

Whenever possible, bring your laptops, digital cameras, smart phones and tablets - we will be doing some multimedia work that requires mobile equipment!

SEE YOU ALL IN HAMAR NORWAY

