

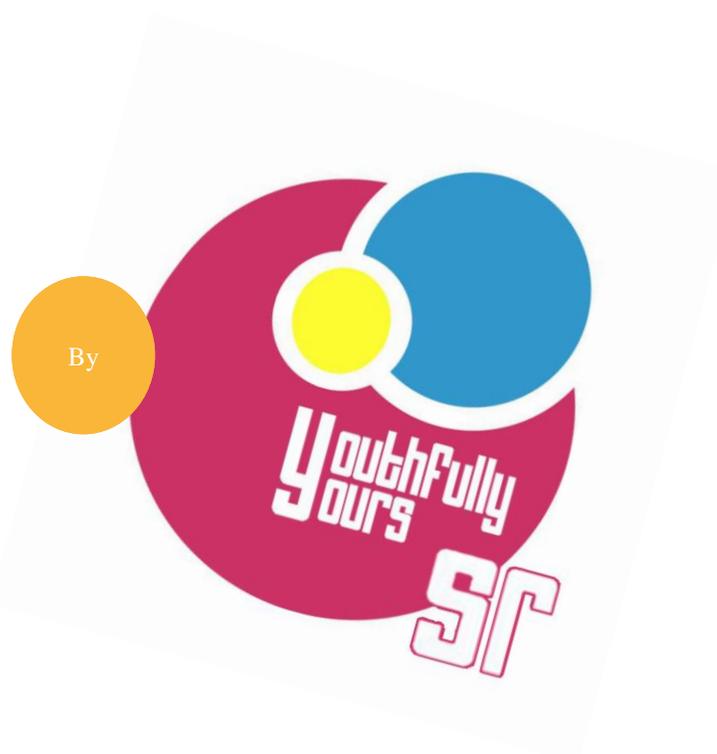


Social City

Info- pack

10-19.12. 2017

Kosice, Slovakia



SOCIAL CITY

The project will be an opportunity for the **exchange of ideas** and **best practices** among **social workers** and **youth** in order to raise awareness on urban social issues and to stimulate active participation of youth in the civic society.

TC is aiming to **strengthen civic competences** of youth through **Non Formal Education methods**.

Due to the social media invasion, the **urban centers are losing their characteristics**. The city center doesn't seem to be anymore the beating heart of the city, and this causes serious consequences at economic and social level.

This fact is related to other urban problems that are spreading more and more:

- **city fragmentation**: the new meeting points are the big shopping centers (malls), which appears as social melting pot and meeting point of youngsters;
- **social exclusion** of people who live at the peripheral areas or slums provoking a sense of frustration and isolation;
- **young deviance**: city center sites and parks as a meeting point for fights among gangs from neighboring areas, vandals or pick pocketing;
- state of abandonment and **decay of the historical city center** and closure of traditional shops which are losing their attractiveness;
- **abuse of the car** as a means of transportation, **lack of cycling lanes**, pedestrian zones, and, as a result, lack of respect for pedestrians, for the environment and for people with disabilities.

PARTICIPANTS

26 youth/social workers aged 18+ from 8 countries, working with people with fewer opportunities.

We would like to involve 8 persons, facing difficulties to participate in international projects. Each partner will select one person with financial/geographical obstacles.

IMPORTANT: EACH NATIONAL GROUP SHOULD BRING **AT LEAST ONE LAPTOP!**

THE **IDEAL CANDIDATE** SHOULD:

- Be **motivated to develop their competences** in social inclusion;
- Already have **experience in working with young people**, organizing initiatives and projects;
- Be able to act as a multiplier in their local community;
- Be committed to attend for the **full duration of the course**;
- Be aged between **18 and 35** (older participants will be accepted);
- Be able to work in **English language**;
- Be resident in one of the eligible countries.

OBJECTIVES

TC "SOCIAL CITY" AIMS TO:

- Enhance the **feeling for European Citizenship** among the participants,

- Enhance **tolerance, social inclusion and non-discrimination** attitudes,
- Develop participant's **soft skills**,
- Develop participant's **leadership skills**
- Develop **mutual understanding** and sense for fair play among the participants,
- Develop participant's **ability to work in a team.**

- Teach participants:

- + How to develop soft skills among youngsters in order to promote tolerance and intercultural dialogue
- + How to develop leadership skills among youth in their local areas
- + How to use social media for successful dissemination of ideas, profiles, etc.
- + Project management
- + How to create a partner consortium of international partners

THE HOST ORGANIZATION WOULD LIKE:

- To discuss how non-formal education can positively influence social inclusion among EU countries and neighbor countries,
- To share examples of good practices in field of non-discrimination and social inclusion
- To familiarize youth workers with NFE tools that focus on improving certain skills and attitudes

PRACTICAL ARRANGEMENTS

VENUE



TC will be held near **Košice**, the **second biggest city** in Slovakia. In 2013 Košice was the **European Capital of Culture**. City is situated at the eastern reaches of the Slovak Ore Mountains, **near the border with Hungary**.

The city has a **well-preserved historical centre**, which is the largest among Slovak towns. There are many heritage protected buildings in Gothic, Renaissance, Baroque, and Art Nouveau styles with Slovakia's largest church: the **St. Elisabeth Cathedral**. Being the economic and cultural centre of eastern Slovakia, Košice is the seat of three **universities**, various **dioceses**, and many **museums, galleries, and theatres**.

The town has extensive railway connections and an international airport.

ACCOMMODATION

Participants will be accommodated in **Hotel:**
<http://www.jahodnaresort.sk/>
situated cca. 15 km from city center.

The hotel is located in very quiet environment, surrounded by local forests. This place was chosen on purpose, because it will create a natural space for deeper reflection. Ski resort is situated right next to our rooms, there will be no possibility to dedicate all day to skiing, however night skiing or skiing after sessions will be allowed.

Participants will be provided by **double rooms** or **apartments** for 5 persons. All rooms are equipped with air condition and TV. There is also **small swimming pool** in the resort.

For more information about **the hotel**, please follow the link:

<http://www.jahodnaresort.sk/>

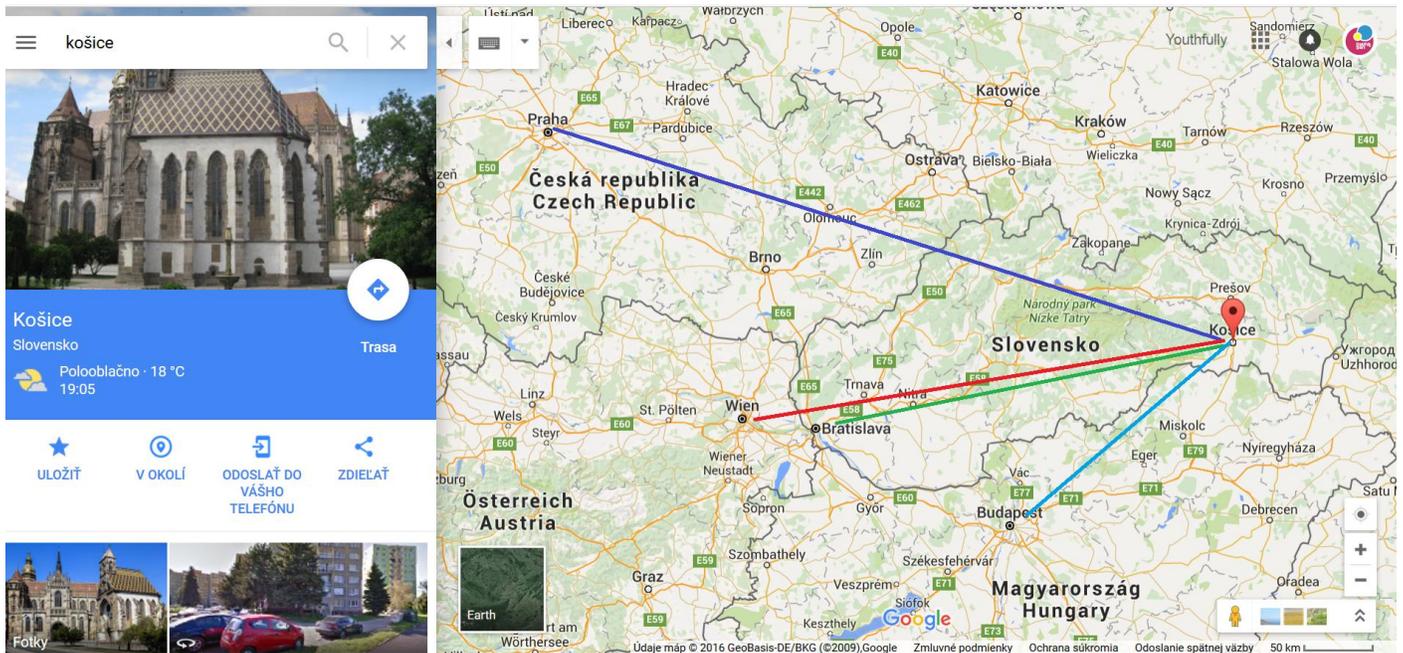
(Web page is only in Slovak but you can easily find it on booking.com)

http://www.booking.com/hotel/sk/jahodna.en-gb.html?aid=356981;label=gog235jc-landmark-XX-sk-jahodnaNskiNresort-unspec-it-com-L%3Aen-O%3AwindowsS8-B%3Achrome-N%3Ayes-S%3Abo-U%3Asalo;sid=e6368bf09d936f6bf566e03270a88fea;dcid=1;dest_id=257279;dest_type=landmark;dist=0;group_adults=2;place_id=257279;place_id_lat=48.75528339249263;place_id_lon=21.126365661621094;place_id_ss=Jahodna%20Ski%20Resort;room1=A%2CA;sb_price_type=total;srfid=e371ad6978f613a4f7749726a7c6c13edec38f58X35;type=total;ucfs=1&



TRAVELLING TO SLOVAKIA

You can easily reach **Košice** by train from **Bratislava (SK)** airport **Prague (CR)**, airport **Vienna (AT)** airport or **Budapest (HU)** airport.



Train is the most cheapest way how to get to Košice - We also highly recommend to use this option as you can enjoy long train travel with nice views.

Ticket from **Bratislava** to **Košice** costs around **18 €**

<http://cp.atlas.sk/vlakbus/spojenie/>

Or you can use **Regiojet**, what is cheaper and offers much better services – (paradox)

<https://bustickets.studentagency.eu/?0>



In case of need you can use also **direct transfers from airports** – it is much more expensive

<http://airtrans.sk/en/8-transfer-kosice-budapest-vienna>

<http://www.shuttledirect.com/en/transfers/Ko%C5%A1ice/>

<http://cassoviaexpres.sk/en/>

ARRIVAL 10TH OF DECEMBER : Please arrive to Košice by **4 PM** at least.

DEPARTURE 19TH OF DECEMBER: To allow time to get to the airports, your return flight should be **after 2 PM** from above mentioned airports, or later.

IN ANY CASE, PLEASE CONSULT US BEFORE PURCHASING ANY TICKETS!

DO NOT PURCHASE ANY TICKETS WITHOUT RECEIVING AN OFFICIAL CONFIRMATION BY EMAIL !

You are allowed to arrive **or** depart **max. 2 days** before **or** 2 days after the training course.

Extra stay will not be supported with food or accommodation, yet you can use this time to visit some places around Slovakia. If asked, Youthfully Yours SR will provide you with many tips on what to visit, where to stay etc.

Should your stay be longer than 2 days (unless necessary!) we do reserve the right not to reimburse part of your travel costs.

In order to receive up to 100% reimbursement of your travel costs, please ensure that your expenses fit in within the max. budget allocated per country. Should you go over the limit, the excess will constitute your own contribution to the project.

HEALTH INSURANCE

Health insurance **will not be provided or reimbursed** by the organizers (unless it is required in the visa process).

All participants are required to purchase health insurance individually. If you live in an EU country and use a national health insurance system there, please **apply for a FREE European Health Insurance Card:** <http://ehic.europa.eu>

PREPARATIONS

Closer to the training course, a list of things to prepare/do before the course shall be sent out to all participants. Also, a provisional timetable has been attached.

Please note that **slight changes may appear** in the programme.

Once we receive applications of all participants we will do our best to adjust the course to your needs and to make it as practical as possible.

WHAT TO BRING WITH YOU

- Hiking shoes, (optional but recommended)
- Swimming suit (optional but recommended)
- Please bring with you any **material about organisation** you will be representing, such as brochures, leaflets, booklets, etc. bring along any DVDs, PowerPoint presentations, videos, photos.
- For the intercultural evenings bring **traditional** food, drinks, sweets and snacks, together with pictures, DVDs, and music of your country. Please consider that there are **3 intercultural nights** on plan. By this each country, will have enough time to present itself.
- **Laptop** (at least 1 laptop in 1 national group)
- **Good mood and curious mind** 😊

ADDITIONAL INFORMATION

For information about Slovakia, local weather, typical food, national currency etc. don't hesitate to visit:

www.google.com ☺

