



Co-funded by the
Erasmus+ Programme
of the European Union



KA1 project of the Erasmus +

PROJECT

SustainABLE Rural rebuilding in Europe

APV

10-13.05.2019

Krusevo, North Macedonia

Youth exchange

15-26.09.2019

Krusevo, North Macedonia

ABOUT THE PROJECT

- ✖ Project "**SustainABLE Rural rebuilding in Europe**" is applied under Key Action 1 of the Erasmus+ programme involved 6 partner countries from Sweden, Czech republic, North Macedonia, Spain, Italy and Lithuania.
- ✖ The project includes 2 activities: APV taking place on 11th and 12th May in Krusevo, North Macedonia (10th arrival and 13th departure) involving 6 leaders and Youth Exchange taking place from 15th to 26th September in Krusevo, North Macedonia and involving 24 participants and 6 leaders.
- ✖ The main focus of the project is the biggest challenge of our century- environmental protection, with a concrete aspect on the Climate change and renewable energy as one of the solutions for rural and sustainable development. The project uses non-formal education as one of the main tools for active participation and learning. Therefor the programme will include interactive exercises, creative approach to the topic, working in small, big and mixed diverse groups. The project also brings along geographical balance tackling all parts of Europe and targeting the whole continent.
- ✖ The activities ensure gender balance, involvement of young people from rural areas, young people with geographical, social and economical obstacles all on age from 18 to 30 years old.

PARTNERS AND NUMBER OF PERSONS PER ORGANIZATION

- ✗ IDIS – APV - 1 person/ YE – 5 persons
- ✗ BUSINESS & PROFESSIONAL WOMEN CR Z.S –APV - 1 person/ YE – 5 persons
- ✗ Association PEL –APV - 1 person/ YE – 5 persons
- ✗ ASSOCIACION AMIGOS DE EUROPA –APV - 1 person/ YE – 5 persons
- ✗ EURO SUD –APV - 1 person/ YE – 5 persons
- ✗ Tarptautinis bendradarbiavimo centras – APV - 1 person/ YE – 5 persons

ACCOMMODATION

- ✗ We will be accommodated in a villa in Krusevo, in the centre of the city. The rooms will be from 3, 4 or 5 bedded. Each room has its own toilette and TV.
- ✗ Breakfast will be provided in the villa – self serving. Lunch and dinner will be provided in a restaurant near by. The whole villa has free wireless coverage. Bed linen and towels are provided.
- ✗ You can check the villa on the following link: <http://www.lakola.mk/en/accommodation-details.html>
- ✗ **NOTE!!!** On 12th May you will be accommodated in apartments in Urban Hostel in Skopje: <http://www.urbanhostel.com.mk/>



THE VENUE

- ✘ Krusevo is the highest town in Macedonia, situated at an altitude of over 1,350 meters above sea level. According to the 2002 census, it has population of 5000 people. Krusevo is unique town in Macedonia with its traditional architecture and many monuments and nature.
- ✘ <http://travel2macedonia.com.mk/destinations/krusevo>
- ✘ <http://en.wikipedia.org/wiki/Kru%C5%A1evo>

TRAVEL INFO

- ✘ Take a flight to Skopje airport. There are direct flights from many cities in Europe with Wizzair. Other than them, you can fly with Croatia Airlines, Adria, Austrian, Air Serbia, Turkish Airlines, Swiss, Air Berlin or Pegasus. You might also consider flying to Thessaloniki (Greece), Sofia (Bulgaria), Belgrade (Serbia) and then take a bus to Skopje.
- ✘ Once you're at Skopje airport, take a bus VARDAR EKSPRES towards the international bus station in Skopje.
<https://www.vardarexpress.com/index.php?id=28&L=2>
One way ticket is 180 denars (3 euros). You can buy ticket at Vardar Ekspres ticket office (next to exit door) or in the bus. Exchange money at the post office at the airport!!! In order to be able to buy bus ticket.
- ✘ From Skopje bus station, take a bus to Krusevo. You can also take a bus to Bitola or Prilep, and we can arrange a pick up from there to Krusevo. (Check the time tables on the next page).
- ✘ For late arrivals in Skopje or Skopje airport, please inform the host organization in advance, so they can arrange a pick up for you from there.

For Krusevo

16:45:00	19:30:00	КРУШЕВО	МАК ТРАВЕЛ	430.00
19:10:00	21:35:00	КРУШЕВО	МЕТРО ТРАНС	430.00

For Prilep

04:15:00	06:35:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
06:00:00	08:30:00	ПРИЛЕП	ГАЛЕБ ОХРИД	390.00
09:00:00	11:45:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
11:00:00	13:40:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
12:30:00		ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
13:30:00	16:15:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
13:30:00	14:40:00	ПРИЛЕП	ПЕЛАГОНИЈА ТРАНС	370.00
15:00:00	17:45:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
15:30:00	17:55:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
16:30:00	18:30:00	ПРИЛЕП	ГАЛЕБ ОХРИД	390.00
17:00:00	19:45:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
18:00:00	20:40:00	ПРИЛЕП	ПЕЛАГОНИЈА ТРАНС	370.00
19:00:00	21:45:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00
21:00:00	23:45:00	ПРИЛЕП	ТРАНСКОП БИТОЛА	370.00

For Bitola

06:00:00	09:30:00	БИТОЛА	ГАЛЕБ ОХРИД	470.00
09:00:00	12:40:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
11:00:00	14:45:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
13:30:00	17:15:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
14:30:00	18:10:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
15:00:00	18:40:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
15:30:00	18:45:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
16:30:00	20:05:00	БИТОЛА	ГАЛЕБ ОХРИД	470.00
17:00:00	20:40:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
19:00:00	22:30:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00
21:00:00	00:40:00	БИТОЛА	ТРАНСКОП БИТОЛА	480.00

PRICES IN MACEDONIA

- ✖ 1 EUR = 61.3 denars (Macedonian money). You could bring euro, dollars, or kronas with you and change them in denars in the city. There are exchange offices and banks in the city that are working till 20:00 in the evening.
- ✖ One beer costs around 70 denars, coffee 40 denars, and coca cola 50 denars.

REIMBURSEMENT LIMITS

- ✗ IDIS - 275 eur
- ✗ BUSINESS & PROFESSIONAL WOMEN CR Z.S – 275 eur
- ✗ Association PEL – 20 eur
- ✗ ASOCIACION AMIGOS DE EUROPA – 360 eur
- ✗ EURO SUD – 180 eur
- ✗ Tarptautinis bendradarbiavimo centras – 275 eur

The reimbursement limits are expressed per person in EUR, rates for YOUTH MOBILITY.

For all the consultations about routes, means of travel and rates please contact IDIS or the host. Reimbursement will be done during the activity.

CONTACT

✕ Please confirm your participation on:
idis.sweden@gmail.com

✕ Additional contact:
pel_youth@yahoo.com

For any information, questions and dilemmas do
not hesitate to
contact us.