# Eco Fighters Youth Exchange 18/06-24/06/2023 Murzasichle, Poland

### The project:

The main objective of the project is to get know participants with the subject of ecology and to show the situation prevailing in Europe and the whole world. Thanks to a carefully prepared method of conducting the workshops, participants will learn how they can become more environmentally friendly and how they can promote this idea in their environment. The main methods of work will be: presentations, discussions, games, art workshops, games, debates and many other detailed activities in the schedule. The environment of the Małopolskie voivodship is a very good example of green areas, which especially need to be taken care of to create better living conditions for the next generations. At the end we will try to answer the question of what is being a European for us? How should you behave to care for the environment?

The Eco Fighters project was created as a result of young people's interest in the subject of environmental protection and ecology. It will take place in June 2023 in Muzasichle with 40 participants from Poland, Croatia, Lithuania, Italy, Romania.

The participants of the project will be people aged between 18 and 25 interested in the subject of ecology. they created a group before starting the project creation, so each participant is maximally involved in the project organization and is interested in acquiring new knowledge in the field of ecology. From the very beginning to the end of the project and after its completion, all participants are actively involved in each stage of writing, conducting and every aspect of the application.

For the most part, these are people who are studying. From the very beginning, the partners were asked to keep the gender balance so that the project would take the same amount of women and men. Thanks to this equality, we will also have a broader view of the subject from the point of view of different sexes.

### **Transport:**

The arrival day to Murzasichle must be 18 06 2023(closest airport it is Krakow – Balice, Katowice Pyrzowice around 100 km).

The departure back will be on 24 06 2023 in the morning,

If you need any help with tickets or transfers please let us know we can arrange it so before you will buy ticket please contact us to be sure that this is best option.

We will reimburse your travel expenses in the last days of the project, in cash (euro). Please bring with you all original receipts, invoices, e-tickets, proof of payment and boarding passes! We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes as well, without having to send it's to us by post when you return home! Of course, if for your airline is not possible, you still need to send us the boarding passes by post after the project.

It is very important to have all your travel and financial documents with you for each person, otherwise the reimbursement is not possible.

We can arrange all the travel for you as buses, planes etc. for that please ask your team leader.

# The group:

We need 10 participants (9+1 leaders) from each of the country. Age limits for the participants are 18-30 years old and 18-35 for leaders.

# **Rules:**

You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops won't be allowed. We would really appreciate energetic and active participation.

Smoking is prohibited inside of the buildings, so all smokers will have to leave the building in case they want to smoke a cigarette.

## The location:

The venue of our project is Murzasichle, a village in Polish Mountain area, 100km away from Krakow.

Basic information about accommodation place - U Toski http://utoski.pl/

- 2/3/4/5 people in one room
- Rooms have their own bathrooms
- The restaurant will serve all meals (breakfast, lunch, dinner) and in some days we will have lunch packs;
- The area is very beautiful and surrounded by nature

# What to bring:

- All your travel documents and financial statements/proofs of payment;
- Typical food and drinks from your countries! We will have traditional evenings during the project and basically every evening will belong to a different country. Unfortunately we don't have budget to reimburse you the expenses made for the things that you are bringing. Try to be creative and funny! You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks... and so on!

Also, you can show videos, photos, sing music and dance traditional dances from your countries! We are counting on you to make these evenings as interesting as possible and promise to help you in any way that we can!!!

- Clothes: going to have some swimming session, so prepare your swimsuit!
- Towels and whatever you need for taking shower, washing, etc;

Our currency is the Polish Zloty (PLN): 1 Euro = 4.7 PLN

If you have any questions for us please contact Jacek Kubicki (jacekkubicki@op.pl), Project Manager.

We are looking forward to see you in Poland!