

IDENTITY



YOUTH EXCHANGE

ISTANBUL, TURKEY

PLACE AND DATE: (14-22 March 2020) to ISTANBUL, Turkey

PARTICIPANTS: 60 people (8 youth + 2 group leaders from each countries)

COUNTRY: Partner countries will be from **UK, Denmark, Turkey, Lithuania, Macedonia and Slovakia.**

LANGUAGE: The working language will be English.

SUMMARY



We set following objectives of youth exchange “Identity”:

- to increase knowledge of the participants on gender equality and mechanisms leading to creating gender equal societies;
- to provide the participants an opportunity to reflect on own gender identity and the perception of society towards different genders;
- to open the question of gender discrimination with special focus to be paid young people representing LGBTQ;
- to develop competencies of the participants needed to address gender based stereotypes, prejudices and discrimination, especially through social networks and events in their communities;



-to raise awareness of young people reached through blog, social networks and YouTube channel on gender, gender discrimination and role of young people in the process of creating gender equal society

-to increase knowledge of the participants on Erasmus + Programme and to encourage the participants to take part in youth mobility.

ACTIVITIES AND METHODS



Working Methods

Youth exchange “Identity” will be based on different non-formal learning methods and techniques: getting to know techniques and methods to create open and supportive environment and break the barriers between the participants; discussion on the importance of gender equality, presentations of gender realities in participant’s countries, comparing the realities and identifying the roots of gender discrimination, simulation with aim to gain better understanding of the consequences of gender discrimination, especially discrimination of LGBTQ and the role of young people in the process of addressing it, work in mix-intercultural teams on posts containing information about gender being spread through social networks with aim raise interest of young people in gender, gender issues. Each day the participants will be meeting in their national teams and reflect on the project. After meetings in national teams group leaders will meet and discuss the feedback from the participants. Besides meetings in national teams the participants will have an opportunity to reflect on development of their competencies and strengthen their knowledge about the role and use of YouthPass. At the end of the project, each participant will receive YouthPass as recognition of their learning results.

Who can participate in the youth exchange?



Youth exchange “Identity” will include as newcomers as young people who already took part in mobility activities. Main reason for including as non-experienced as experienced young people is to support creating learning environment when one group is learning from other and where experienced one can support unexperienced ones in their learning.

General profile of future participants: basic knowledge of English (common language), because they will work together; interest to improve their communication skills and gain new competences they can use in their lives for example at school or at work; strong interest in gender, fighting gender discrimination, exploring gender realities in participant’s countries, in Erasmus + Programme, working on new project ideas. Every group will include participants with fewer opportunities how we described above.

Age: we agreed that the most preferable age group will be participants in age from 18 to 25. If partners decide they can also involve participants in age 26 - 30 but these participants should not have in the national groups majority. In case of involving participants under 18 we agreed that the partners can involve young people under 18 but having on mind the needed steps to



ensure the safety of the participants including writing approval of the parents that these participants can take part in the activity.

PARTNERS

The project will host 60 participants from the following 6 organisations.
UK, Denmark, Turkey, Lithuania, Macedonia and Slovakia

MONEY

The official currency in Turkey is Turkish Lira (Turk Lirasi). The prices in Turkey are became little bid expensive last two years but still it is cheaper than many European countries.

You can check cost of living in Istanbul; <https://www.numbeo.com/cost-of-living/in/Istanbul>

THE VENUE



Istanbul (Turkish: *İstanbul*), once known as **Constantinople** and **Byzantium** before that, is the most populous city in Turkey, and the country's economic, cultural, and historical center. Istanbul is a transcontinental city in Eurasia, straddling the Bosphorus strait between the Sea of Marmara and the Black Sea. Its commercial and historical center lies on the European side and about a third of its population lives on the Asian side.

Note: Organisers will not provide accommodation for any additional stay in Istanbul. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel. 2 days before project or 2 days after project only allowed. This is no holiday, so please respect the Erasmus+ projects rules.

ACCOMMODATION PLACE

Park Polenezkoy Hotel

Adresse: Polonez, Kuşhan Çk., 34829 Beykoz/İstanbul, Türkiye



<https://www.parkpolonezkoyhotel.com/galeri>



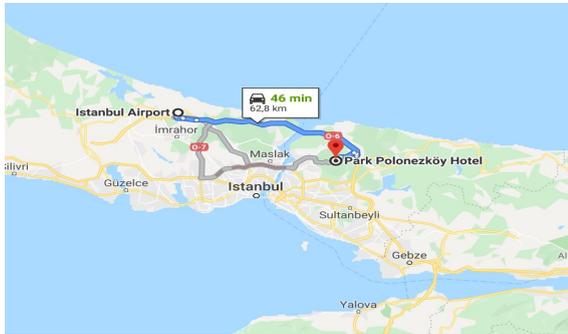
Rooms: Participants will be accommodated in Standard triple rooms. Bed linen and towels will be provided. The main activity room is located in the hotel. Wifi internet connection is available. Organisers will provide participants with three meals per day. Food will be served at the hotel's restaurant.

We strongly recommend each participant to inform the organizers about any special dietary needs in advance.

HOW TO REACH THE HOTEL

From Istanbul New Airport

From Sabiha Goksen Airport



WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.

PREPARATION



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. We don't have printing opportunities.**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

Whenever possible, bring your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!



SEE YOU ALL IN ISTANBUL, TURKEY