



SAVE NATURE



PLACE AND DATE FOR EXCHANGE: (21-30 September 2019) in Istanbul, Turkey

PARTICIPANTS: 56 young people (1 group leader + 6 participants from each countries)

WHO: 15-30

COUNTRY: Partner countries will be **Sweden, Turkey, Estonia, Spain, Lithuania, Poland, Bulgaria and Romania.**

LANGUAGE: The working language will be English.



SUMMARY OF PROJECT



Save Nature is the youth exchange of young people and youth leaders coming from 8 different countries with a need to speak loud and act for better future when it comes about environment. We are aware that European Commission has made water protection one of the priorities of its work and that role of citizens of Europe is crucial to achieve objectives made by the Commission.

We will use non formal methods such as: brainstorming, discussions, mind-maps, energizers, ice-breakers, team-building, using art, pantomime and theatre, road tables, group work, group and individual reflections, preparing promoting materials (flyers, postcards, posters, memes, graphics), making a speech and presenting in front of the group, doing desk-research, preparing and implementing campaigns, doing Infographics, planning follow-ups, facilitating intercultural nights, organising photo sessions, visiting local sustainable business and meeting local activists and stakeholders.

Youth because it aims to:

1. enhance inter-cultural awareness of participants and promote solidarity and active youth participation;
2. improve and strengthen the knowledge, skills and behaviours of participants to support, foster and promote environment protection and sustainable management;
3. provide a safe space to establish an effective intercultural learning and dialogue between its participants as well as to explore the connection between the lack of intercultural understanding and the emergence of stereotypes, prejudices and discrimination;



We want to get to know more about situation of water protection and management in other European countries, focusing on protection of seas, lakes, rivers and coastal beaches. There is increasing demand by citizens and environmental organizations for cleaner water and sustainable projects of its management and protection. The other aim of this youth exchange is to develop skills and experience in social campaigning. We will have the opportunity for self-development in all the stages of campaign: preparation, implementation, evaluation and reflection. This is relevant skill nowadays for young people since it helps to break up barriers for public performance, public speaking, group and team work, leading and planning, debriefing and evaluating results. Besides this, we will also have an international experience, get to know other cultures and traditions better, break stereotypes and promote common understanding, multicultural dialogue and activism of young people on local, regional, national and international level. We want to connect both topics we are interested in and combine them together to find a way for better future of us and the Earth.

ACTIVITIES AND METHODS



Working methods We will use non formal methods such as: brainstorming, discussions, mind-maps, energizers, ice-breakers, team-building, using art, pantomime and theatre, road tables, group work, group and individual reflections, preparing promoting materials (flyers, postcards, posters, memes, graphics), making a speech and presenting in front of the group, doing desk-research, preparing and implementing campaigns, doing Infographics, planning follow-ups, facilitating intercultural nights, organising photo sessions, visiting local sustainable business and meeting local activists and stakeholders.



PARTNERS



The project will host participants from the following 8 countries;
The partners are from Sweden, Turkey, Estonia, Spain, Lithuania, Poland, Bulgaria and Romania.

TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Bulgaria	Istanbul, TR	500-1999 km	7	275.00
Estonia	Istanbul, TR	500-1999 km	7	275.00
Lithuania	Istanbul, TR	500-1999 km	7	275.00
Poland	Istanbul, TR	500-1999 km	7	275.00
Romania	Istanbul, TR	500-1999 km	7	275.00
Spain	Istanbul, TR	2000-2999 km	7	360.00
Sweden	Istanbul, TR	2000-2999 km	7	360.00

After sending their tickets and boarding cards, participants will receive reimbursement of their travel costs. Travel expenses (flights and other means of transport) are compensated (up to 100%) based on the actual expenses incurred and the distance from your location of residence to the location of the project (**Istanbul, Turkey**). These distances must be calculated using the distance calculator supported by the European Commission. We will not send money to each



participants. We will send money to the sender organisations which in turn will reimburse the participants.

Accommodation, living and other project-related expenses: 100% funded by the EU. Visa fees are to be covered by participants.

Please note any extra days you wish to stay will be your own responsibility and food etc.

DON'T ASK TO LEAVE PROJECT ONE DAY EARLY TO CATCH YOUR FLIGHT OR BUS. PLEASE BUY YOUR TICKETS ACCORDING TO THE PROJECT DATES.

THE VENUE



Istanbul (Turkish: *İstanbul*), once known as **Constantinople** and **Byzantium** before that, is the most populous city in Turkey, and the country's economic, cultural, and historical center. Istanbul is a transcontinental city in Eurasia, straddling the Bosphorus strait between the Sea of Marmara and the Black Sea. Its commercial and historical center lies on the European side and about a third of its population lives on the Asian side. The city is the administrative center of the Istanbul Metropolitan Municipality (coterminous with Istanbul Province), both hosting a population of around 14 million residents. Istanbul is one of the world's most populous cities and ranks as world's 5th-largest city proper and the largest European city.

Note: Organisers will not provide accommodation for any additional stay in Istanbul. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel. 2 days before project or 2 days after project only allowed. This is no holiday, so please respect the Erasmus+ projects rules.



THE VENUE

NEW PENGUEN HOTEL

Kumburgaz Mh. Milli Egemenlik Cd.

48/1, 34530

Büyükcemece/İstanbul

T: +90 (212) 885 60 60 T: +90 (212) 885 67 67 F: +90 (212) 885 09 05

E: info@newpenguinhotel.com W: www.newpenguinhotel.com

You can see pictures from hotel ; <http://www.newpenguinhotel.com/galeri.html#prettyPhoto>

HOW TO REACH THE HOTEL

We can't pick you up from airport. We can collect all participants in one place and take big bus to hotel. You can take bus from airport to TUYAP station. We can pick you up from TUYAP STATION.

Remember that travel costs from the airport to the hotel is part of your total travel budget. We can pick you up from airport if you want, but each participants must pay for travel costs.

ARRIVAL

When you come to the hotel, you will find your name and room number at the reception desk.

There will be 2-6 persons per room.

We cannot arrange special room for couples. COUPLES ARE NOT WELCOME TO THIS PROJECT.

Breakfast, lunch and dinner will be served in the hotel.

You do DO NOT NEED to bring your own towels. Note that the special events are not included in accommodation facilities. If you want to take a sauna or enjoy the spa, you will have to pay from your own pocket.

SMOKING AND ALCHOL ARE TOTAL FORBIDDEN IN THIS PROJECT. PLEASE!!!



WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home. Something that you would like to represent your country with, and share with the others, it can be any kinds of food, drink etc.

Check the weather forecast and be prepared for all kinds of weather.

HEALTH INSURANCE



Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as the cost of private health care in Turkey is quite high if you do not have insurance.

PREPARATION



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. We don't have printing opportunities.**



- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity**.
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

Whenever possible, bring your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!

OUR PARTNERS MUST PROVIDE;

- **Full Police checks for staff who are working with organisation and those who are participating youth exchange.**
- **Partner Organisations' Policies relating to Child Protection, Data Protection and Health and Safety.**
- **If you have participants under the 18 years old, participants must provide "Parental Consent form".**

Co-funded by the
Erasmus+ Programme
of the European Union



Erasmus+



SEE YOU ALL IN ISTANBUL, TURKEY