



# Challenges and Realities Migration

**EXCHANGE PLACE AND DATE:** 1-10 March 2018 Kinetta, Megara, Greece

**PARTICIPANTS:** 36 young people.

**WHO:** 18+

**COUNTRY:** Partner countries will be from Germany, Turkey, Greece, Hungary, Spain, Italy, Lithuania, Estonia, Czech Republic and UK

**LANGUAGE:** The working language will be English.





# SUMMARY OF PROJECT



Misinformation and misconceptions about migration and migrants still constitute one of the biggest challenges faced by Governments in countries of origin, transit and destination. The changing patterns of migration and the growing diversity of migrants—whether regular or irregular, permanent or temporary, male or female, old or young, and across the skill range—have further complicated migration issues and the lives of individual migrants and their families.

Mobility of youth workers “Challenges and Realities: Migration” is designed as a project consisting of 1 mobility.

Type of activity; A1 Mobility of youth workers

Venue; Kinetta Megara, Greece

Planned dates; 1-10 March, 2018

Countries involved; Germany, Turkey, Greece, Hungary, Spain, Italy, Lithuania, Estonia, Czech Republic and UK



Our project's topic is migration and will have focus on 2 main issues – Firstly, immigration related issues in connection to refugee crisis and discrimination towards immigrants, secondly – emigration of young people in connection to youth unemployment.

The aims and objectives of the training courses are:

- Fostering reflection on different dimensions of migration and mobility, understanding the theoretical framework of migration trends and new migration in Europe and its global effects
- Exchange of experience and good practice in youth work, related to international/local migration and mobility and its influence on young people in Europe
- Preparing youth workers and youth leaders in addressing the challenges and opportunities resulting from migration for young people /society as a whole
- Raising the competence of youth workers and youth leaders about the push and pull factors of migration and causes and consequences of migration and how to prevent negative effects of migration (such as discrimination) in society
- Understanding the EU policies towards migration and mobility and local realities in participating countries and learning good practices
- Improving competences about different (youth) mobility opportunities in Europe
- Promote European cooperation between youth organisations to promote youth mobility and engage youth with immigrant backgrounds in organizations' activities
- Develop new initiatives in the field of migration and mobility for young people within the framework of Erasmus+ programme

Training courses will use non-formal methods to gain its aims and also to take into account the personal development of each participant. We will use group discussions, study visits, role-plays, work in pairs and other various methods. We will have theoretical and practical inputs on both - immigration and emigration. Training course will be facilitated by team of two facilitators from Estonia.



## ACTIVITIES AND METHODS



Active participation, focus on group work and team work, learning by doing approach, exercises made through simulation, and role-play and other, as well as theoretical inputs will form the basis of the study session. A range of working methods will be combined in order to encourage every participant to participate actively in the sessions and to approach the issues of the training session in an interdisciplinary way.

Various non-formal education methodology based activities will be carried out during the whole duration of the project. The participants will improve their analytical and problem solving skills, try to critically observe the current migration crisis and develop their creativity in elaborating practical integration tools for the inclusion of young immigrants. All partners will be actively involved in the project and will be committed to ensure the selection and preparation of the participants as well as disseminate the results of the project.

Specifically, the aforementioned NFE methods will be applied in the program, namely getting to know each other and team building activities, city game, theory-oriented sessions, brainstorming, world cafe, role plays, forum theatre, simulation game, small group discussions, Open Space Technology, study visit and reflection activities.

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## PARTNERS



**THE VENUE WELCOME TO MEGRA**



### **10 facts about Megara:**

1. 42km west of Athens' city center
2. Population: 35.675 inhabitants
3. Built on two hills Alcahous & Karia
4. Has a natural harbor named 'Pachi'
5. Combines mountains & sea (obtains one of the biggest and most ancient olive-grooves in Greece, 6 seaside settlements)
6. Its economy is based on agriculture, poultry farm, cattle, fishing.
7. Plenty local products, such as olive-oil, wine, vinegar, tsipouro, eggs, soaps, agricultural equipment, fruits, vegetables, nuts etc. are being exported abroad
8. Significant historical heritage (plenty of cultural sights, museums, ancient cistern)
9. Continuous connection with capital city, by suburban railway and buses
10. Combines traditional and modern living, offering many choices for entertainment or relaxation.

Note: Organisers will not provide any accommodation for additional stay in Greece. If participants plan to arrive 2 days earlier or depart 2 days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.

## **HOW TO REACH MEGARA**

**You can fly to ATHENS (All airports) and from those airports you can take train or bus to MEGARA.**



There are 2 ways to reach Megara:

### **1. By Train**

From Athens Airport El.Venizelos you can take the Suburban Railway 'Proastiakos'. The route is direct to Megara (every hour XX:44). Its duration is about 1hour. The cost per passenger is 10€. Below you can see the full timetable:

### **2. By Metro & Bus**

From Athens Airport El.Venizelos you can take the Metro **Blue** Line and drop off to 'Monastiraki' station in the heart of Athens. Then you can take the Urban Metro **Green** Line and drop off to the right next station 'Thisseio' (otherwise you can take a 7' walk through Ermou Street). In Thisseio (Asomaton Square) you can find the buses. The routes are almost every half hour. Its duration is about 75'.

Costs:

The metro ticket per passenger is 10€. The bus ticket per passenger is 4.10€. Aside you can see the buses timetable:

**We strongly suggest the first way of transport as it is faster, cheaper and more comfortable.** We will pick you up from Megara Suburban Railway Station or Megara Bus Station to the project venue.

Everyone must disembark at 'Kato Acharnai' Station (almost XX:48 hour) (after 11 stops from airport) & take the train with direction to 'Kiato'. Then they disembark at 'Megara' Station (after 6 stops).

There is 25% Discount for train tickets for people who are under 24yo. So don't forget to ask for it!

& there is also a discount for university students. They must have their card with them and it must be written 'University Card'.

WE WILL PICK YOU UP FROM MEGARA TRAIN AND BUS STATIONS. JUST WRITE YOUR ARRIVAL TIMES.

## **WHAT TO BRING**

Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

BE READY FOR GREECE MARCH WEATHER!

All updates about the weather are here: [http://www.meteo.gr/meteoplus/cf-En.cfm?city\\_id=213](http://www.meteo.gr/meteoplus/cf-En.cfm?city_id=213)

## **ACCOMODATION**



Our Hotel will be J Hotel.

Find more information about accommodation and address of hotel;

<http://www.jj-hotel.gr/>

## *550 km of Old National Road Athens Corinth Kinetta*

There are going to be 2-4- 6-8 persons in each room. We can't arrange special room for couples.  
**COUPLES ARE NOT WELCOME TO THIS PROJECT.**

You will get 3 meals per day, plus coffee and snacks in the hotel. Please be however open-minded and curious to taste the Greek cuisine!

**IF YOU ARE ALWAYS LATE AND DON'T PARTICIPATE TO PROJECT, YOU WILL BE SEND TO HOME.**

We try to do our best on accommodation. We will provide a bed in a room, hot water and sufficient food. You may bring your own sheets, slippers, towel and personal care products if you wish. Please don't expect big and so comfortable places.

We give a list of items included in your suit/room and a photo of your suit/room and ask to confirm the list. If you give any damage to the room or to the items, you have to pay for the expenses.

## **SOME USEFUL GREEK WORDS & PHRASES**

Hello ... Gia  
Yes ... Ne  
No ... Oxi  
Good morning ... Kalimera  
Good evening ... Kalispera  
Good night ... Kalinichta  
My name is \_\_\_ ... Me lene \_\_\_  
How are you? ... Ti kanis?  
I'm fine... Eimai kala  
I feel bad ... Den eimai kala  
I come from \_\_\_ ... Eimai apo tin \_\_\_

How much is it? ... Poso kani?  
Thank you ... Efaristo  
Excuse me ... Sygnomi  
See you ... Ta leme  
Can you help me please ... Borite na me voithisete parakalo  
I don't understand ... Den katalavaino  
I don't speak Greek ... De milao ellinika  
Where is the \_\_\_ ... Pou einai to \_\_\_  
Help! ... Voithia  
The bill, please ... To logariasmo parakalo  
I would like a bottle of water ... Tha ithela ena boukali nero

## **HEALTH INSURANCE**

Health Insurance





Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in GREECE are quite high if you don't have.



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ **Bring all your travel documents as presented above. Print out all your documents even if they are online. We don't have printing opportunities.**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

**Wherever possible, take your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!**



## BASIC RULES



All the participants will be expected to be present and active in all the activities, unless being ill. Unauthorized absence from the activities and workshops won't be tolerated.

Stress, nerves and bad mood is prohibited everywhere. Bring your best mood and big smile with you and keep it through the exchange! Prepare for fun! Those who fail to do that will be expelled from the exchange.

## OUR PARTNERS MUST PROVIDE;

- **Full Police checks for Germany, Turkey, Greece, Hungary, Spain, Italy, Lithuania, Estonia, Czech Republic and UK staff who are working with organisation and those who are participating youth exchange.**
- **Partner Organisations' Policies relating to Child Protection, Data Protection and Health and Safety.**
- **If you have participants under the 18 years old, participants must provide "Parental Consent form".**

**Participants Task:** You must care for the schedule time, be kind, respect, be positive, destroy the borders, have maximum fun, be cheerful and try to be part of solution. To see a problem and to criticize something is so easy. So do the difficult one and tolerate people.

**Please don't forget that:** we are not going to give the meaning of life. We are not going to educate you. We are not your guides or teachers. We just try to destroy the borders between countries. We just share our experiences with you. Please trust our friendship and experiences about projects. If you are negative, believe us: nothing will be better. Nobody can be racist, respectful, negative, dirty, rebel, thief etc. in our project. So, be kind, have fun, share your experiences and miss us when you go home.

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**Partnership:** All countries are equal in project. We are partners. So, while arranging something, we do this altogether



**SEE YOU ALL IN GREAT GREECE**