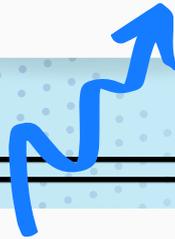


#IdentiTale

Read this *Info Pack* to find out all you need to know about this Youth Exchange (YE), including the agenda of activities that will take place, logistics, useful info and more!



7.45 am



Cartagena, Albergue Juvenil de Canteras

IDENTITALE — YOUTH EXCHANGE

7-12 March, 2022
(travel days 6 and 13 March)

[Read the Info Pack](#)

WHAT IS IDENTITALE?

The general objective of this project is to give young people a space where to meet and explore narratives and counter narratives of today's Europe, and the values they promote. Participants will be invited to explore concepts such as identity, intersectionality, representation, narratives and counter-narratives.

Participants will understand the reasons and consequences of marginalization, hate speech, youth radicalisation, populism and social exclusion. They will have the opportunity to discuss and understand topics and decide what kind of changes they want to bring into their societies through launching online counter-narratives.

METHODOLOGY

- INDOOR-OUTDOOR ACTIVITIES
- ENERGIZERS
- SELF-DIRECTING PROCESSES
- ACTIVE PARTICIPATION AND SHARING
- GROUP WORK
- LEARNING-BY-DOING
- CREATIVITY LABS
- GUIDED SELF-REFLECTION
- PRESENTATIONS,
- SIMULATIONS/ROLE-PLAY

PROGRAM FLOW

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
AM	Icebreaker activities	Power roles in society and reflection on the self	- Individual position on conflictive issues. - Respectful debate techniques	Narrative and counter-narrative: developing inclusive and positive communication	Hear my voice: Participants choose an idea to promote with a respectful attitude	Presentation of IdentiTale Lab's final narratives + impact of the new narratives in the rest of participants
	Identitale agenda of activities				IdentiTale Lab: small discussion groups to build a different narrative on the selected topics.	
11-11:30	BREAK					
	Learning about <i>Youthpass & learners</i> methodology	Power roles in society and reflection on the self	Hate Identikit: Detecting fake news and hate speech	What's my story? develop self-confidence to express one's own opinion and guidelines on how to tell a story	IdentiTale Lab: small discussion groups to build a different narrative on the selected topics.	How can we implement the new narrative? How can we share it with the world? Brainstorming in groups
13:30	LUNCH					
	Team building activities	Stereotypes, discrimination, and prejudices	Public narrative in your country	Trip to Cabo de Palos	IdentiTale Lab: small discussion groups to build a different narrative on the selected topics.	Sharing the conclusions of the brainstorm - strategies and ideas on how to spread a new narrative
	Self-awareness activities - Who am I?	Hate speech and fake news	Communication in the 2.0 world. Non-violent communication techniques for social media and our lives			
	BREAK					
	Reflection in small groups	Reflection in small groups	Reflection in small groups	Reflection in small groups	Reflection in small groups	Final evaluation
	DINNER					
	Optional: Series Episode 1	Optional: Series Episode 2	Optional: Series Episode 3	Optional: Series Episode 4	Optional: Series Episode 5	Optional: Series Episode 6

PARTICIPANTS/GROUP LEADERS

There will be 4 participants and 1 group leader from each country involved in the Youth Exchange, as per below.

SPAIN			4 PARTICIPANTS + 1 GROUP LEADER
ITALY			4 PARTICIPANTS + 1 GROUP LEADER
ARMENIA			4 PARTICIPANTS + 1 GROUP LEADER
GREECE			4 PARTICIPANTS + 1 GROUP LEADER
CROATIA			4 PARTICIPANTS + 1 GROUP LEADER
LITHUANIA			4 PARTICIPANTS + 1 GROUP LEADER

HOW TO ARRIVE AT CARTAGENA



Closest airports



- Alicante – Elche Airport (~ 50 min)
- Valencia Airport (~ 3 hours)
- Madrid Airport (~ 4 hours)



How to get from the airport to Cartagena



You will have to travel to Murcia first, **on 6 March 2022** (the day before the start of the course) and from there, a private bus will take all participants to the hostel/training venue (more info on the next page)

1st option

Take a bus from the airport to Murcia (alsa.com)

2nd option

1st step: take bus/metro to the train or bus station of the city

2nd step: take a bus/train to Murcia

(https://venta.renfe.com/vol/search.do?c=_kfHL or [alsa.com](https://www.alsa.com))

HOW TO ARRIVE AT CARTAGENA

ATTENTION

1. Please, check the transports' schedule available for the day you travel before buying your flight. This may interfere with the airport you choose to fly to.
2. When checking and booking flights, **make sure you can be in Glorieta de España at 20:00 pm**. From there, a private bus will take everyone to the training venue.



LEAVING CARTAGENA AFTER THE TRAINING ENDS 🙌

The day after the end of the training (13 March 2022), a private bus will take everyone from the training venue to Murcia city centre. From there, participants will be responsible for the rest of their journey home, being able to take a bus from Murcia's bus station or a train from Murcia del Carmen train station to the airport where their flight will leave.

Please bear in mind that the departure time of the private bus will take into account the schedule of participants who will have to catch their flight earliest. Participants who will have flights later in the day, will have to wait either in Murcia or at the airport.



TRAVEL REIMBURSEMENT (PART 1)

The money allocated to each participant to purchase the flights to and from Murcia depends on the country from which they are leaving. The budget is allocated according to the distance between participants' country of residence and the city where the Youth Exchange will take place (Cartagena).

These rates are defined by Erasmus+ policy. We provide 100% of reimbursement, but only up to the amounts mentioned below.

SPAIN			ONLY THE COSTS OF THE PRIVATE BUS MURCIA-CARTAGENA AND VICEVERSA WILL BE COVERED
ITALY			255 € PER PARTICIPANT (ROUNDTRIP)
ARMENIA			800 € PER PARTICIPANT (ROUNDTRIP)
GREECE			340 € PER PARTICIPANT (ROUNDTRIP)
CROATIA			255 € PER PARTICIPANT (ROUNDTRIP)
LITHUANIA			340 € PER PARTICIPANT (ROUNDTRIP)

TRAVEL REIMBURSEMENT (PART 2)

! **IMPORTANT** !

Please **keep all your travel TICKETS, INVOICES, BOARDING PASSES with you** in order to be able to get the reimbursement for those costs.

If you would like to receive the travel reimbursement in cash before you leave Spain, you will have to inform us on the day of your arrival, or at the latest, on the first day of the training.

Kindly note that you will have to provide us with all the relevant tickets/invoices - including the **checked-in** boarding pass of your outbound flight and train/bus to the airport - on the last day of the Youth Exchange (12 March 2022).

ALTERNATIVELY

You can send us all your tickets/invoices/boarding passes by email later on, and you will receive your reimbursement by bank transfer.

In this case, please be informed that **unless you have electronic boarding passes/train-bus tickets, you will have to send us by post the original boarding passes/train-bus tickets - scanned versions cannot be accepted.**

You are kindly requested to send us all the supporting documents within **15 days** from the end of the training.



ACCOMMODATION - VENUE



The accommodation and venue where IdentiTale activities will take place is the "Albergue Juvenil de Canteras", located in Canteras, a neighbourhood at about 7 km from Cartagena city centre.



The hostel has 1 room with 5 beds and 4 rooms with 12 beds each. It is equipped with a dining room and a living room with board games, tv, and ping pong table, all at your disposal during your free time.

Please note that there is a possibility that participants will have to sleep in mixed-gender rooms.

Please be aware that wi-fi will be available, but to a limited capacity.

[HTTPS://JUVENTUD.CARTAGENA.ES/ALBERGUE_JUVENIL.ASP](https://juventud.cartagena.es/albergue_juvenil.asp)



FOOD



BREAKFAST →

It will be served in the hostel each morning, before activities start

LUNCH AND DINNER →

They will be provided at a restaurant, near the hostel

SNACKS →

Some snacks will be provided

! IMPORTANT !

If you are **vegetarian, vegan**, or if you have any **food allergies/intolerances**, remember to include this information in the **Google Form** that you will have to fill out to confirm your participation in the Youth Exchange. You can find the web link in the next page.

GOOGLE FORM TO BE FILLED OUT BY ALL PARTICIPANTS

! **IMPORTANT** !

To confirm your participation in IdentiTale, please fill out this Google Form **before 17 February 2022**.

The web link to the form is
<https://forms.gle/k5DLfuHP5DAaiGxJ8>

WHAT TO BRING

- ✓ Your own towels.
- ✓ Both warm and light, comfortable clothes. In Murcia there is a strong temperature variation during the day. In March, the temperature should be between 10 degrees in the early morning/night, going up to 20 degrees at midday.
- ✓ If you would like to have your own snacks, cigarettes or something similar, please consider that the hostel is located in a small neighbourhood, with few shops, so bring a sufficient supply with you.

COVID-19 PREVENTION (PART 1)

.....
Being vaccinated against Covid-19 is not
a requirement to participate in this
Youth Exchange
.....

! **HOWEVER** !



All participants (both vaccinated and non-vaccinated) will be requested to provide the negative result of a Covid-19 antigens test (no self-made tests will be accepted), taken within 48 hours from the start of the activities. If you think you will not be able to satisfy this 48-hours requirement, please let us know and we will do our best to find a solution.

! **MOREOVER** !



All participants, facilitators and trainers will have to comply with the Covid-19 regulations put in place by the Government of Spain and by the Region of Murcia.



**CONTINUES IN THE
NEXT PAGE**

COVID-19 PREVENTION (PART 2)

.....
! PLEASE NOTE !



At the moment of writing this Info Pack (January 2022), Covid-19 measures put in place by the Government of Spain are similar to the ones that are generally in place in the majority of EU countries.

! HOWEVER !



Participants and facilitators are personally responsible for checking the most up-to-date Covid-19 regulations right before leaving for Spain and throughout their stay in the country, as these might be subject to rapid changes.



Covid-19 measures in Spain can be different for each region. The most up-to-date measures in the region of Murcia can be found on this institutional website (<https://www.murciasalud.es/pagina.php?id=472924&idsec=6574>)

WE ARE LOOKING FORWARD TO MEETING YOU!

For any additional doubt or specific queries about IdentiTale, do not hesitate to contact our partner organization in your country.

THANK
YOU!