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**ERASMUS+ YOUTH  
EXCHANGE IN MURZASICHLE,  
POLAND  
24 - 30.08.2019**

**40 YOUNG PEOPLE FROM POLAND,  
LITHUANIA, LATVIA AND  
HUNGARY, 1 WEEK OF INTERCULTURAL EX  
PERIENCE, LEARNING ABOUT  
SUSTAINABILITY AND GLOBAL IMPACT,  
NON FORMAL METHODOLOGIES**

**Think globally, be creative  
(and sustainable) locally**

**ACTIVE KIELCE NGO**



## About Us

Our mission is to bring intercultural experience to marginalized regions of Poland and give a chance to young people living there to experience the beauty of the world, intercultural learning and personal development. We are committed to life-long learning principles always seeking for ways to improve our skills, knowledge and methodologies.

Help us to be more resourceful, sustainable and environmental by contributing your knowledge, passion and expertise in this project.

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**Apply until 20.07.2019 here:**

**<https://forms.gle/R9ysNmoBm6a75U26>**

**The results will be announced on 30.07**

## Logistics

### Our venue

The venue of our project is Murzasichle, a village in Polish Mountain area, 100km away from Krakow.

Basic information about accommodation place - U Toski <http://utoski.pl/>

- 2/3/4/5 people in one room
- Rooms have their own bathrooms
- The restaurant will serve all meals (breakfast, lunch, dinner) and in some days we will have lunch packs;
- The area is very beautiful and surrounded by nature

### Project Team

Jacek Kubicki is the project coordinator and Arkadiusz Kalinowski is the project facilitator.

**IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT JACEK: [JACEKKUBICKI@OP.PL](mailto:JACEKKUBICKI@OP.PL)**

### Rules

**You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops won't be allowed.**

**Smoking is prohibited inside of the buildings, so all smokers will have to leave the building in case they want to smoke a cigarette.**

## *This project is for you if...*

You are interested in the topics of sustainability, ecology and arts. The aim of the project is to learn more about sustainability, ecology and recycling in a creative, artistic manner in the intercultural environment.

Classes will be conducted by participants for participants, so that expect to receive basic knowledge on the theme, but feel invited if you want to contribute in any matter.

You will surely improve those skills:

- intercultural awareness
- team work and peer learning
- public speaking
- learning methodologies

Together with our partners and participants we will create a learning space full of wonders, positive energy and sustainable outcomes. The final schedule will be presented upon the selection of participants is closed.



## *Activities*

### *Before and after" Challenge - forest cleanini action*

Challenge yourself and beat your competition working for a good cause. Share your photos in your social networks and get their attention. Do, share, inspire, enjoy..

### *Local action - plogging*

You will organize a local action around a topic of sustainability and creativity. You will run workshops, organize activities and talk with locals. You will organize a run through the forest in a mode of "jog and pick up litter"

### *Second hand - second life*

Bring with you things that you'd rather discard and give them a second life with handcraft magics.

### *Be more sustainable*

Learn more about ecology and sustainability . Check your footprint, verify if what you eat is what you want to eat, learn how to store food , learn some tricks in the kitchen.