

# Adapting Design Thinking tools for sustainability

---

Erasmus+ Training Course

10 - 19 May 2022

Wisła, Poland



**Fundacja  
Dobry  
Rozwój**



**Erasmus+**

“

We do not inherit  
the Earth from our ancestors;  
We **borrow it** from our children

# There are almost 8 bn people in the world.

---

Demands for water, trees, food and fossil fuels will only increase as world population grows. Human activity has altered every aspect of our planet, including its climate. Shortages of clean water and arable land are already a problem in many parts of the world.

**Sustainability** means meeting our own needs without compromising the ability of future generations to meet their own needs. Adopting sustainable practices, whether large or small, can have significant impacts in the long run.

To make it happen we need to use creative and innovative ways of teaching the youth such as Design Thinking.

The basis for **Design Thinking** is a deep understanding of the needs, experiences, behaviors and goals of different people. The process of creating innovation is therefore a social laboratory that increases the sensitivity and openness that results in development of new solutions, services and products.

# In this project you will:

---

- learn about the crucial elements of Design Thinking (DT) method
- work in multinational team to adapt them to the needs of working with young people in the field of sustainability
- choose and improve the most helpful elements of DT in the process of creating innovative solutions in the field of sustainability
- develop tools that stimulate the sensitivity, openness and tolerance of young people to other perspectives
- learn about other creative workshop techniques
- jointly develop a Toolkit containing non-formal educational tools





- The 10 day training course (including 2 travel days) will be held in May 2022 with an active involvement of **27 youth workers** coming from 9 countries: Bulgaria, Cyprus, Croatia, Greece, Lithuania, Italy, Poland, Portugal and Serbia.



- As the venue we have chosen **Wisła in southern Poland**, close to the border with The Czech Republic and Slovakia.
- Wisła is a touristic town surrounded by beautiful Polish mountains that offers clean air and stunning landscapes.
- **Some sightseeing is in our agenda as well :)**



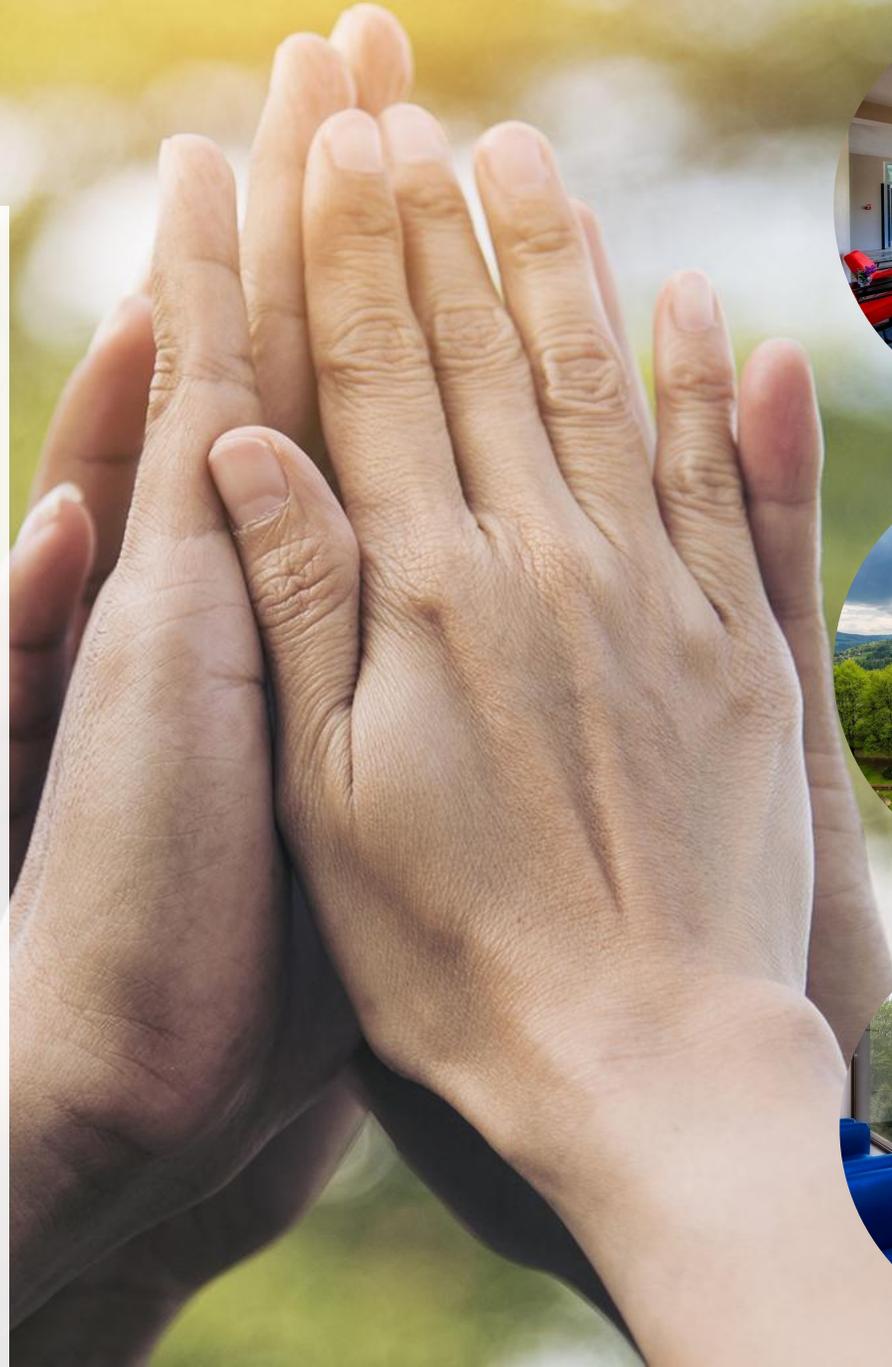
**Current recommendations from the Polish government regarding COVID can be found [here](http://www.gov.pl) ([www.gov.pl](http://www.gov.pl))**

- **Accommodation costs are covered by Erasmus+.** There is no participation fee.
- Travel costs will be covered, based on the country of participants, up to the limits below:
  - Bulgaria - 275 EUR
  - Cyprus - 360 EUR
  - Croatia - 275 EUR
  - Greece - 275 EUR
  - Lithuania - 275 EUR
  - Italy – 275 EUR
  - Portugal - 360 EUR
  - Serbia - 275 EUR

# The Venue

---

- Wisła is called the Pearl of Beskidy Mountains. The centre of the town is on the height of 430 meters above the sea level and the highest point is the top of Mount Barania (1220 meters a.s.l.) where the Vistula river has its sources. The nearest airports are in Kraków and Katowice.
- Our venue in Wisła is Krokus Hotel.
- Participants will be accommodated in double and triple rooms with a private bathroom and amenities such as TV, kettle, towels, wi-fi etc.
- The venue is calm and cosy with a conference space, billiards, table tennis, volleyball and basketball court, outdoor fireplace, picnic and BBQ area, sun terrace and garden.





Fundacja Dobry Rozwój (Good Development Foundation) has already organized similar trainings in the same hotel. **The feedback from previous participants was always very positive :)**

# This project is for you if:

---

- you are a youth worker - actively involved in activities dedicated to young people within non-formal education
- you are aged 20+
- you can speak English and want to be an active participant of the training
- you have or want to gain experience in promoting sustainability or responsible consumption topics among young people
- you would like to share acquired knowledge and skills in local environment



**If you have any questions please drop us an e-mail:**  
dobry.rozwoj.erasmus@gmail.com  
**We will get back to you as soon as possible.**

**Please, note that the applications should be submitted by the Partner Organization in your country.**



**Jaga Przewłocka**  
**Trainer**

Researcher, sociologist,  
experienced trainer &  
Design Thinking  
promotor



**Ewa Solarz**  
**Trainer**

Experienced trainer of  
non - formal education,  
sustainability expert



**Ewa Malesa**  
**Project  
Coordinator**

Experienced business  
professional passionate  
about sustainability

