





# PROJECT SUMMARY

“Environmental Life” raises awareness of the importance of good environmental practices in a rural community by enhancing the environmental education of its members and by providing concrete examples of positive action, using methods of non-formal education in a multicultural context. Throughout the activities, the participants will learn more about ecology from each other, will make concrete actions connected to environmental protection, will learn about other cultures, will make new friends, all this helping them focus on the project’s specific objectives. Each national group will have the opportunity to show specific cultural elements such as customs, traditions, food, typical clothes in the evenings specified in the schedule. The presentation of each culture will be done in an interactive way.

Through the spirit of active European citizenship, " Environmental Life " aims to underline the importance of environmental awareness practices in rural areas by the young participants through creative campaigns conducted using methods of non-formal education and through concrete actions to reduce the negative impact caused of man on the natural environment. At the same time, we want a better communication and to create a durable link between the young participants of the project and local residents. The main activities of the program are: agreeing and taking as inspiration the spirit of European Citizenship (which include: putting into practice beneficial ideas to society, solidarity between people, care for the environment and stopping pollution) of a good environmental practice, development of concrete collective actions (Green Actions) with positive impact on the natural environment, campaigns for awareness and promoting the best practices in an interactive way using the methods of non-formal education, including local authorities within the group discussions and activities for establishing in the end a medium-term strategy to promote good environmental practices in the area, including young people with fewer opportunities from rural areas of the region both in the organizing team and the dissemination target group.

## ACTIVITIES AND METHODS

The working methods of “Environmental Life” come from the field of non-formal education, for us being very important that they are interactive and not formal, purely theoretical and rigid. Just like the schedule shows, the following methods can be identified: name games (for familiarization and communication), ice-breaking games (for relaxing the group atmosphere and removing barriers created by shyness and hesitation), open space (to allow participants to think and act freely, to choose how and what to discuss), team-building activities (for the group cohesion), treasure hunt (to arouse the curiosity, to revive the spirit of competition and to familiarize participants with the environment they are in), the Albatros (for intercultural



learning - ICL), group discussions (to facilitate the exchange of ideas and to provide participants the opportunity to share their knowledge and experiences), group work (to facilitate teamwork and to give everyone a chance to be involved), Eco-Topics (to increase creativity and sense of initiative), Green Actions (for team work and active involvement in the community life), traditional evenings (for discovering new cultures). It must be mentioned that the Eco-Topics and Green Actions are not methods on their own, but their advantage is that they let the youngsters choose the right method after they get familiar with the non-formal education tools. An essential part of the learning process is the opportunity to choose and agree on how and by which methods the participants will work. Of course, the project team and other leaders should be always ready to offer advice and share experience in order to guide participants in case of need and enhance the quality of the activities they will perform. To sum it up, the non-formal education methods used in “Environmental Life” create a flexible and relaxed environment, perfect for participants to fully benefit from the learning process. They can stimulate imagination and creativity, increase adaptability to new situations, provide skills of team work, teach new theoretical concepts. This contributes to the development of both social and personal development of the participants and the effects will be best observed through the acquired competences.

## PARTICIPANTS

The project will host 60 participants from the following 6 organisations:

- Hamer Youth Group (UK)
- Asociatia D.G.T. (Romania)
- Diyarbakir Cevre ve Kalkinma Dernegi (Turkey)
- ICM Jindrichuv Hradec z.s. (Czech Republic)
- DRUSTVO ZA RAZVIJANJE PROSTOVOLJNEGA (Slovenia)
- Kaunas Culture (Lithuania)

Each organization is responsible for the selection of 8 participants and 2 group leaders.



## TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

**Type of Activity: YOUTH EXCHANGE;**

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
UK	Turkey	3000 - 3999 km	10	530.00
Czech Republic	Turkey	2000 - 2999 km	10	360.00
Slovenia	Turkey	2000 - 2999 km	10	360.00
Romania	Turkey	500 - 1999 km	10	275.00
Lithuania	Turkey	2000 - 2999 km	10	360.00

**After sending** their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Iğdir, Turkey). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participants. We send only money to sender organization and sender organization will pay to participants.

**IMPORTANT:** Please keep all the boarding passes and e-tickets of airplane, bus and/or train. We will also need the boarding passes of your flights from your cities to Aralık(Iğdir) and back to your cities in order to prove your full travel route, even if these are not reimbursed by Erasmus+. Also, all receipts/ invoices are needed, without exception.

**VISA COSTS:** If necessary, will be covered by the participants.

**PASSPORT:** To enter in Turkey, participants will need a valid passport.

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## ACCOMMODATION

All participants will stay in State School Student **dormitory rooms**.



We will live together in several **dormitory rooms**. The location has many rooms, so there is a NO mix gender in the same room. There will be common showers and toilets for each gender in different side of school.

**Pillows, blankets, bed linen** will be provided. Feel free to bring a sleeping bag in case we will sleep outside in the nature.

Bring **your own towel** and all toiletries that you need for shower, etc.

For indoors, it's best to bring **slippers or house-shoes**. Because outside can be muddy and dirty, we would like each participant to have a pair of shoes or slipper used only indoor!

At the moment we are not sure if the **wi-fi** connection at the school is strong enough to manage our needs as a group. We will do our best to give you wi-fi during your stay.

## FOOD

**All the meals will be prepared by host organization.**





## LIVING TOGETHER

All the participants will be expected to **be present and active** in the activities.

It is not allowed to **smoke** inside the school, all the smokers will have to go outside to specially designated areas for a smoking.

We expect you to **respect and protect** the property accommodation place - those who fail to do this will be fined directly by the property (State own school).

All of us will have to **keep the house clean!** The cleaning inventory will be provided and we will make cleaning teams during the project.

**Alcohol** is **FORBIDDEN** during the activities of our official programme. Since it is official place, we are not allowed to bring any kind of alcohol to inside.

During the first day of the exchange, after we get to know each other better, we will set together more **guidelines** for making our stay in school as best as possible!

## WHAT TO PREPARE? FINAL CHECKLIST

**TRAVEL DOCUMENTS!** Bring all your travel documents **printed** (tickets, invoices and etc.). Group leaders are responsible to collect these documents from participants. We will not have the possibility to print documents in Igdir.

**INSURANCE!** Participants must have **insurance**. The following areas must be covered:  
-travel insurance (including damage or loss of luggage);  
-third party liability (including, wherever appropriate, professional indemnity or insurance for responsibility);  
-accident and serious illness (including permanent or temporary incapacity);  
-death (including repatriation in case of projects carried out abroad).

**HEALTH CARD!** It is strongly recommended that participants in transnational activities are in possession of a **European Health Card**. This is a free card that gives access to medically necessary, state-provided healthcare during a temporary stay in any of the 28 EU countries, Iceland, Liechtenstein and Norway, under the same conditions and at the same cost (free in some countries) as people insured in that country. More information on the card and on how to obtain it is available at <http://ec.europa.eu/social/main.jsp?catId=559>.

**REUSABLE CUP!** We recommend each participant to bring a **personal cup!** We can exchange these cups to use them during the project and we will keep them as souvenirs after the exchange.

**FOOD PRODUCTS!** Don't forget the products for the meals that your national team will prepare. Also, each team can **bring tea and coffee** that is popular in their countries so that we can taste differences and similarities.

**COMFORTABLE AND WARM CLOTHES!** Keep in mind that even summer in Igdir can be cold in the evening. Check the weather forecast before going to the exchange.



We will send you more details about special clothes and equipment needed for some outdoor activities (hiking) in the weeks before the exchange. Bring **own flip-flop or inside shoes** because you will **not be able to use outdoor shoes in workshop rooms**. It is recommended to bring plastic flip-flops to use it in shower.

**INTERCULTURAL PRESENTATION:** Each country will have chance to introduce their own culture to the other participants. Bring your own deserts, food, music, dances, flags, etc. Bring as many things from your countries as you can and don't forget that you can integrate the cultural presentation in the meals that you will be anyway cooking for the entire group. Do the presentation in a fun and creative way! Try not to use PowerPoint presentations - they are too boring! Dances, songs, acting, video presentations, games are better and more welcome! Make sure you have everything downloaded because it might be very difficult to use the Internet for your presentations. In addition, feel free to bring information and presentation about your organization.

## SEE YOU ALL IN IGDIR



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