



Do It. Youth Exchange on Project Management Skills of Young People

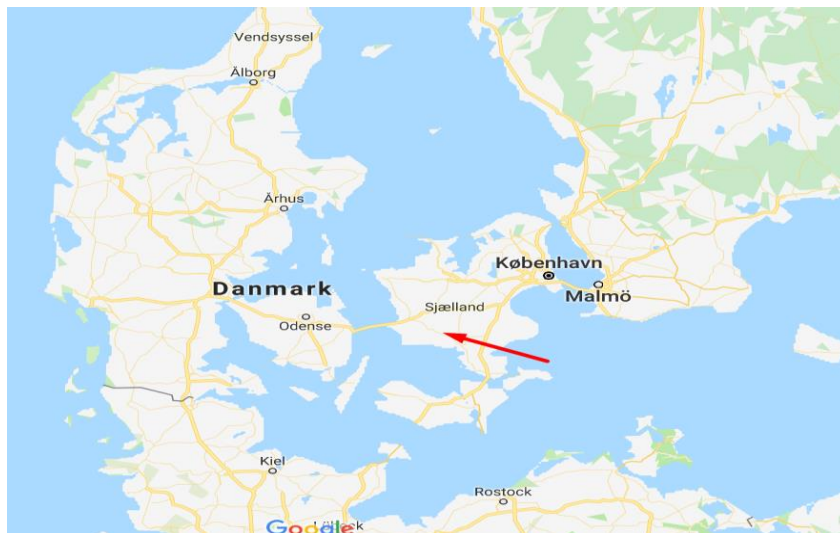
Type of Activity: Youth Exchange

PLACE AND DATE: (6-13 August 2019) to Hindholm, Fuglebjerg, DENMARK.

PARTICIPANTS: 60 young people (8 youth + 2 group leaders from each country).

COUNTRY: Partner countries will be from **Macedonia, Denmark, Lithuania, Turkey, Poland and Hungary.**

LANGUAGE: The working language will be English.





SUMMARY OF PROJECT



Main motivation to carry out the youth exchange is to provide young people a possibility to master their competencies in the area of project management (PM) and create a space supporting personal and professional development, making new contacts and partnership and developing new project ideas.

Key project objectives are following ones:

- To enhance participants project management competencies, especially their skills to develop and implement projects tailor to the needs of local communities;
- To increase participant's soft skills in following areas: leadership, communication, presentation, conflict management and problem solving and develop their abilities to apply these skills also in intercultural context;
- To provide the participants an opportunity to learn from successfully implemented local and international youth projects;
- To strengthen participants knowledge of Erasmus + Programme, project cycle under Erasmus + and encourage participants to work on development of new networks and partnerships;

Project objectives will be reach through various non-formal based activities (interactive presentations, discussions, simulations, work in smaller teams, reflection activities) that will provide the participants coming from Programme countries an opportunity to fully develop their competencies that they can apply at their organizations.



Set project objectives will be reached through non-formal learning methods and techniques with special focus on supporting active involvement of young people coming from countries Macedonia, Denmark, Lithuania, Turkey, Poland and Hungary in whole project. During the project implementation the participants will develop their competencies through participation in discussions, interactive presentations, simulations, problem solving challenges and reflection and feedback activities. After the youth exchange the participants will have an opportunity to implement their new competencies in practice through realization follow up activities and developing new project ideas for local and international projects while being supported by their sending organizations. Two key outputs - video tutorials and online pdf booklet of good practices - will be developed during the youth exchange to increase its impact and provide other organizations and youth workers an opportunity to develop their competencies especially in the areas of project management. All participating organization will be actively involved in spreading these outputs through their networks to ensure the impact of youth exchange especially on stakeholders coming from their communities and countries.

ACTIVITIES AND METHODS



Working Methods: In overall the working methods will be based on non-formal learning and will include peer to peer learning. The youth exchange will be divided in following main blocs:

1. Getting to know each other phase: first sessions will aim to create safe and supportive atmosphere, review the participants needs and interests and provide the participants an opportunity to explore youth realities in participants countries e.g. what kind of support young people can get in realization their ideas, how it is supported youth participation and involvement of youth in decision making processes, what youth organizations do to develop project management competencies of young people and empower them to address needs of their communities;
2. Soft skills development: during these days the participants will have an opportunity to work on development their leadership, communication, problem solving, presentation and conflict management skills in intercultural settings.
3. Focus on project management: these sessions will be an opportunity to gain better understanding of project management cycle, get to know successful practices from participants realities connected with implementation of local or international activities and moreover it will



be for the participants opportunity to reflect on the ways how to create projects in cooperation with other stakeholders. Also, in this part the participants will increase their knowledge of Erasmus + Programme.



TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Type of Activity: YOUTH EXCHANGE;

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Macedonia	Denmark	500 - 1999 km	10	275.00
Hungary	Denmark	500 - 1999 km	10	275.00
Lithuania	Denmark	500 - 1999 km	10	275.00
Poland	Denmark	500 - 1999 km	10	275.00
Turkey	Denmark	2000-2999 km	10	275.00



After sending their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Fuglebjerg, Denmark). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participants. We send only money to sender organization and sender organization will pay to participants.

IMPORTANT!

Our organization didn't receive all the money from National Agency. That's why the travel costs will be done after approval final report. We will send final report 1st of September 2019. Usually it takes 45 days to get answer!

Please do not ask for any money before approval of final report.

Please note any extra days you wish to stay will be your own responsibility and food etc.
Visa costs will be covered by participants.

VENUE



Note: Organisers will not provide any accommodation for additional stay in Denmark. If participants plan to arrive a few days earlier or depart a few days later they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel.



HOW TO REACH FUGLEBJERG

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There can be two alternatives. First we can pick up all participants at the same time from Copenhagen city center or you can come to project place by yourself.

1. Flight is the easiest way to come to Copenhagen.
2. Take train from CPH Airport to Sorø St.
3. Take Bus from Sorø St. to Lundevej (Fuglebjerg)
4. We will pick you up from Lundevej (Fuglebjerg) busstation.

Follow this link please; <https://www.rome2rio.com/map/Copenhagen-Airport-CPH/Fuglebjerg>
If you have any difficulties with coming to Nysted, please contact us.

ACCOMODATION

Mina Hindholm Efterskole

Hindholmvej 19, 4250 Fuglebjerg, Danmark

There are going to be 2-4-6-8 persons per room. We can't arrange special room for couples.

Participants MUST prepare and make breakfast, lunch and dinner.

3 meals per day, plus coffee and snacks made by the participants in coordinated international work groups. Tasks will be divided between participants and everybody MUST obey the rules.

VERY IMPORTANT!

The place is belong to government and it is total alcohol forbidden in the place and during the project.

HEALTH INSURANCE

Health Insurance





Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in DENMARK are quite high if you don't have.

PREPARATION



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. DO NOT FORGET TO TAKE WITH YOU!**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Prepare a **presentation on diversity** in their country.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity**.
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring good spirit, joy and happiness!!!**

Co-funded by the
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Wherever possible, take your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!

BASIC RULES



Smoking is prohibited everywhere inside buildings; thus, all the smokers will have to go outside or to specially designated areas for a cigarette.

Alcohol is TOTAL forbidden inside building and garden of accommodation place.

Bring your best mood and big smile with you and keep it through the exchange!

Prepare for fun!



SEE YOU ALL IN FUGLEBJERG, DENMARK