

COVID 19 GUIDELINE

WORK SAFETY FROM THE YOUTH'S PERSPECTIVE

COVID - 19 GUIDANCE



This guidance provides precautions on the cleaning and disinfection of rooms or areas occupied by participants.

It is aimed at limiting the survival of SARS-CoV-2 in key environments. These recommendations will be updated if additional information becomes available

TARGETING COVID-19'S SPREAD

SARS-CoV-2, the virus that causes COVID-19, is thought to be mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may also spread to hands from a contaminated surface and then to the nose, mouth or eyes, causing infection. Therefore, personal prevention practices (such as handwashing, staying home when sick, maintaining 6 feet of distance, and wearing a mask) and environmental prevention practices (such as cleaning and disinfection) are important ways to prevent the virus's spread.

These prevention principles are covered in this document. They provide event planners and individuals with actions to help lower the risk of COVID-19 exposure and spread during gatherings and events.



PRECAUTIONS THAT WE WILL TAKE

We prepare a document about precautions what we will take about meeting rooms, rooms, food services and what kind of precautions you should take during your transportation.

Every day we will have participants' list including body temperature of pax and whether they have covid 19 symptoms or not.

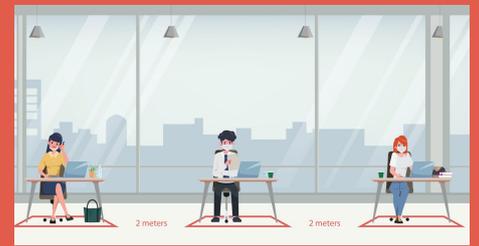




MEETING ROOM

What about our precautions :

- Limiting seating capacity to allow for social distancing and host smaller events in larger rooms.
- Block off rows or sections of seating in order to space people at least 6 feet apart.
- Using multiple entrances and exits and discourage crowded waiting areas.
- Providing physical guides, such as tape on floors or sidewalks and signs on walls, to ensure that individuals remain at least 6 feet apart in lines and at other times (such as guides for creating one-way routes).



MEETING ROOM

- Ordering sufficient supplies and materials, including tissues, masks, and hand sanitizer for all participants.
- Requiring the use of masks among staff. Masks are most essential in times when physical distancing is difficult (e.g., when moving within a crowd or audience).
- Cleaning and disinfecting frequently touched surfaces within the venue at least daily or between uses as much as possible—for example, door handles, sink handles, drinking fountains.
- Cleaning and disinfecting shared objects between uses—for example, payment terminals, tables, countertops, bars, and condiment holders.

ROOMS

- **Two participants will stay in one hotel room**
- **The participants will stay with another participants from the same team, if it is possible.**
- **Hotel room will be disinfection completely before your use.**
- **If one of the participants has COVID- 19 signs,we will move this participant to the another room.**



FOOD SERVICE



There is no evidence that COVID-19 is spread by food. However, people sharing utensils and congregating around foodservice areas can pose a risk. We have precautions to minimize risk factors. These precautions are here :

- Organizing tables as far as social distancing rules.
- Providing physical guides, such as tape on floors or sidewalks and signs on walls, to ensure that individuals remain at least 6 feet apart when waiting in line to pick up or servicing by staff

TRANSPORTATION



Try to make any pre-flight transactions online and opt for contactless procedures at the airport. At Istanbul Airport, both passport/identity control and baggage delivery are now available via a contactless process. You can find out more about these regulations from the website of your airline and airport, before you fly.

FOR ALL TYPES OF TRANSPORTATION

When using any type of transportation, follow these general principles:

- Practice hand hygiene and respiratory etiquette. Before you leave, wash your hands with soap and water for at least 20 seconds, or use hand sanitizer with at least 60% alcohol.
- Once you reach your destination, wash your hands again with soap and water for at least 20 seconds, or use hand sanitizer with at least 60% alcohol as soon as possible upon arrival.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your coughs and sneezes with a tissue or use the inside of your elbow. Throw used tissues in the trash and wash your hands immediately with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol.

Practice social distancing.

- During travel, try to keep at least 6 feet (2 meters) from people who are not in your household – for example, when you are waiting at a bus station or selecting seats on a train.

Wear Masks.

- Wear a mask in public settings and when around people who don't live in your household, especially when social distancing is difficult
- Masks are meant to protect other people in case the wearer is unknowingly infected but does not have symptoms.

