



BIO *Dive*



ERASMUS + YOUTH EXCHANGE
JUNE 11th - JUNE 18th 2025
Stornara - Italy



Funded by
the European Union

Erasmus+
Arricchisce la vita, apre la mente.



Agenzia Italiana
per la Gioventù



ABOUT THE PROJECT

The BioDive project aims to raise awareness among young people about the importance of environmental sustainability and social inclusion, addressing the local challenges of our territory.

Through practical and innovative initiatives, the project seeks to promote respect for the environment and good ecological practices, contributing to the development of a more aware and responsible community.

We aim to inspire local youth showing them that even small daily actions, such as participating in clean-up days and spreading ecological practices, can lead to real and meaningful changes. Our goal is to help participants understand the importance of taking care of the local natural heritage, while also addressing the needs of young people with fewer opportunities.

The project seeks to enhance social inclusion in rural areas, often excluded from active participation opportunities. With a focus on responsibility, we aim to raise awareness about the care of green spaces, a vital resource for the community, and create a strong connection between young people and their local environment.





PROJECT OBJECTIVES

The specific objectives of the project are:

- Promote and enhance our territory and the surrounding areas;
- Bring dynamism to an area considered sterile;
- Promote the European discussion on sustainable development;
- Increase young people's awareness regarding the care of local natural heritage;
- Address the needs of participants with fewer opportunities;
- Preserve and enhance green spaces;
- Promote social inclusion in rural areas;
- Actions to counter climate change;
- Protect the environment;
- Safeguard landscapes and biodiversity;
- Develop dynamic rural areas.

WHO CAN TAKE PART?

Each partner organization will send 6 participants and 1 group leader (7 people in total). Participants and Leaders must agree to take part in the whole duration of the Youth Exchange: June 11th - June 18th, 2025

Participant profile:

- **Age requirements: between 18 and 25 years old;**
- **Interest in raising awareness about environmental sustainability and the importance of preserving natural heritage;**
- **Desire to learn how to contribute to the protection of green spaces and promoting ecological practices;**
- **Basic-intermediate level of English;**

Leader profile:

- **Age requirements: older than 18 years old;**
- **Is able to support his/her group;**
- **Previously participated as participant and/or leader to any youth project at national or international levels;**
- **Has high English literacy (B2-C1) level;**
- **Has previous experience in Youth Working and/or Erasmus+ programme;**

HOW TO GET TO THE ACCOMMODATION? PART 1

Before buying any ticket the travel route must be approved by us, so before booking your flights, please ask your sending organization or your group leader to forward your travel itinerary to us.

Once you have received their approval, you can proceed with the booking. Your best choice will be to land in Bari Airport!

Choose preferably flights that are landing in Italy in the morning or the day before.

Very important: Participants should plan to arrive at ORTA NOVA TRAIN STATION after 15:00 on the June 11th. We will organize a private transfer for all the participants from the main railway of Orta Nova to the venue of the Youth Exchange (Railway of Orta Nova is far away from the venue of the project and it's not possible to reach the venue of the project by walking!!). Cost of this private transfer is 9€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 309€, you will be cut out 9€ from the total amount, so it will become 300€ (9€ is for round way trip.)

To reach the railway station in Orta Nova, the best way is to travel through Bari or Naples airport, as there is a very nice transport connection with Foggia, which is the nearest city to Orta Nova, Italy. There are lots of cheap flights to the airports in Italy and then you can travel by bus or train. The distance is not very big.



*If your flight arrives to Bari, from Bari to Orta Nova - Trenitalia is the train line that you have to take. (Regional trains Bari Centrale - Orta Nova) <http://www.trenitalia.com/tcom-en> (Trenitalia web site)

HOW TO GET TO THE ACCOMMODATION? PART 2

***If your flight will not land in Bari**, you have to take a bus/train for Foggia (which is 20km far from Orta Nova), once arrived in Foggia, you can take a train for reach Orta Nova. From Foggia to Orta Nova, Trenitalia is the train that you have to take

<http://www.trenitalia.com/tcom-en> (Trenitalia web site).

***If your flight arrives to Napoli**, from Napoli STAZIONE F.S. (METROPARK) to Foggia - (Air Campania Company) is the bus that you have to take (Timeline link: <https://aircampania.it/napoli-foggia-modifiche/>).

The tickets can be directly purchased to Napoli STAZIONE F.S (METROPARK).

***If your flight arrives to Rome**, Trenitalia is the train that you have to take until Foggia and then again you will use Trenitalia train, to reach Orta Nova. (There are also some several bus from Rome to Foggia, like Flixbus which is the best one)

<http://www.trenitalia.com/tcom-en> (Trenitalia web site)

<https://www.flixbus.com/> (FlixBus web site). From Foggia to Orta Nova, Trenitalia is the train that you have to take

<http://www.trenitalia.com/tcom-en> (Trenitalia web site).



TICKETS GUIDELINES (Part 1)

The following guidelines are very important. Please make sure to read them carefully, and if you have any doubt please ask your group leader or sending organisation!

Arrival and Departure day of the Youth Exchange are:
June 11th - June 18th, 2025.

Don't forget to keep all your tickets, receipts, reservations and boarding passes! In case of missing documentation, we will NOT be able to reimburse you!

Eligible extra days accepted from the National Agency for extending your stay in Italy and receive your reimbursement for your travel fully by our organization are up to 2 extra days.

Once again, the travel route must be approved by us, so before booking your flights, please ask your sending organization or your group leader to forward your travel itinerary to us. Once you have received their approval, you can proceed with the booking.

Accepted travel days are:

June 11th - June 18th, 2025

June 10th - June 18th, 2025

June 9th - June 18th, 2025

June 11th - June 19th, 2025

June 11th - June 20th, 2025

June 10th - June 19th, 2025

TICKETS GUIDELINES (Part 2)

When you create your travel itinerary, please forward it to your group leader or sending organization following the scheme below as example. This will help us to speed up the process and approve your itinerary as soon as possible! Any other format or screenshots will not be accepted by us as a travel proposal. Thanks for your collaboration!

Example of how a travel itinerary should be written:

(New York - Los Angeles)

Departure: New York - Los Angeles

Date: 1/03/2023

Departure: 9:00 AM - Arrival: 10:00 PM

Cost: 30 euros (cabin baggage included)

Return: Los Angeles - New York

Date: 10/03/2023

Departure time: 11:00 AM - Arrival time: 5:00 PM

Cost: 50 euros (cabin baggage included)

Keep in mind to include local transportation to arrive at and depart from Orta Nova train station in your travel itinerary!

Accepted travel days are:

June 11th - June 18th, 2025

June 10th - June 18th, 2025

June 9th - June 18th, 2025

June 11th - June 19th, 2025

June 11th - June 20th, 2025

June 10th - June 19th, 2025

TICKETS GUIDELINES (Part 3)

NEEDED TRAVEL DOCUMENTS FOR REIMBURSEMENT

- Flight tickets - choose second class, cheaper flights. For flight tickets you will have to provide: Ticket Reservation (you receive it online after you buy your flight, on which you find the cost of the ticket) & Boarding pass (for both ways, printed in original or pdf) and reservations invoice.

IMPORTANT: we strongly advise you choose either checked baggage or carry-on baggage at the time of booking. The travel budget will not cover both of them and we can not reimburse both costs. Remember to take a screenshot of your boarding passes in the app as they will disappear after your travel, so we need to save the proof.

- Train, Bus and Shuttle tickets - make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is better;
- Transport by taxi or Rent a Car - reimbursement is allowed only if public transport is not available; a personal written declaration will be needed. (Before using it you can speak with us in order to arrange a cheaper solution if possible);

All flight reservations, boarding passes, or any other tickets should be

uploaded in PDF format to Google Drive. **Google Drive Link:**

https://drive.google.com/drive/folders/1A3R_ujF6L1XUM5UALdAXX2KxVEcA68qC?usp=sharing

Accepted travel days are:

June 11th - June 18th, 2025

June 10th - June 18th, 2025

June 9th - June 18th, 2025

June 11th - June 19th, 2025

June 11th - June 20th, 2025

June 10th - June 19th, 2025

TICKETS GUIDELINES (Part 4)

Project budget covers: 100% costs for accommodation, 100% costs for 3 meals (breakfast, lunch, dinner) & 2 coffee break per day.

Reimbursement will be done after all travel documents and payment proofs will be collected.
Reimbursement will be transferred on the organization bank account.

Within this cost: Transport from/to ORTA NOVA TRAIN STATION to the venue of the Youth Exchange. Cost of the private transfer is 9€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 309€, you will be cut out 9€ from the total amount, so it will become 300€ (30€ is for round way trip.)

Group Leaders must collect all travel documents for their group in the "Travel Documents" folder:

https://drive.google.com/drive/folders/1A3R_ujF6L1XUM5UALdAXX2KxVEcA68qC?usp=sharing

Besides collecting the digital form, remember to also gather the paper tickets and bring them with you.

After collecting all printed original forms, you should take pictures/scans and put them together on

Google Drive with the digital version of tickets.

Please find in each Drive folder an Excel file called 'Reimbursement Calculation' to fill in once you have purchased your travel tickets.

Very important: Reimbursement will be completed only when all documents are correctly collected.

TRAVEL COSTS



309€



309€



309€



309€

THE VENUE

The venue of the youth exchange you are about to be hosted is a charming “Agriturismo” surrounded by beautiful countryside. The accommodation is designed to encourage socializing and collaboration, with hostel-like rooms that can comfortably accommodate several participants each. We believe that staying in this cozy and rustic environment will provide a unique opportunity for participants to connect with each other and experience the local culture firsthand, the way Italian families are akin to!

Check these links out to start dreaming of your Italian dream!:

<https://www.youtube.com/watch?v=WIE9LEDqdDs>

https://www.tripadvisor.it/Hotel_Review-g4580714-d10744795-Reviews-Kyathos_Agriturismo

Lunch & Dinner will be served by host organization with traditional food from Puglia, so be prepared to taste delicious food! Breakfast & Coffee Break will be organized by host organization... we will try to keep you energized and happy!



TO DO LIST

Please make sure to follow the next steps:

- Fill in the Application Form by May 1st:
<https://forms.gle/57zPsXjaSRYX2mFBA>
- Reserve your tickets by May 7th. Upload your tickets and reservations in our drive, as explained in the previous pages of the Infopack.
- Once you reserve your tickets, join the official Facebook group, where we will share more info and updates about the project:
<https://www.facebook.com/share/g/15g43V6SbE/>
- Prepare yourself on the topic of the project, bringing your creativity and positive energy!
- Cultural Night - Every national group of participants from one country will need to present their culture on the intercultural evening: you can bring some traditional food, show traditional dances and tell interesting facts and stories about your Country. You can also prepare games and quizzes!
- Safety and Insurance - the project budget will not cover a travel health insurance, by the way we highly recommend to bring with you the European Health Insurance Card or to stipulate an health insurance.



WHAT TO BRING?



Please do not forget:

- All your travel documents and tickets according to what explained in the previous pages of the Infopack;
- Personal cup and water bottles, to be refilled and used personally, in order to reduce plastic use and keep your liquids separate from others!
- Personal towels and hygiene items;
- Personal medicines or any unusual personal items;
- Snacks and drinks representing your country for the Cultural Nights (keep in mind that there will be no kitchen available to cook something on spot, so bring only ready food & drinks...!);



OUR CONTACTS & PARTNERS



OUR PARTNERS IN THE PROJECT:

Asociatia "Tineret pentru Dezvoltare

Durabila"

ROMANIA

GeoVibeLab Italy ETS



@geovibelab



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Hate Fighters Network

SERBIA

MB KIKULIS

LITHUANIA

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Greek Odysseuses

GREECE

FACEBOOK GROUP OF THE PROJECT:

<https://www.facebook.com/share/g/15g43V6SbE/>