



# **SPORT ATTITUDES VS. NO HATE SPEECH**

## **Activities of the project:**

- 1. Advanced Planning Visit 1: 08 – 11 June 2017, Ramnicu Sarat, RO**
- 2. Youth Exchange 1: 10 – 17 July 2017, Ramnicu Sarat, RO**

## **1. GENERAL INFORMATION**

**SPORT ATTITUDES VS. NO HATE SPEECH**, project number : 2016-3-RO01-KA105-035545, consist in organizing a Youth Exchange and one APV, all organized within the framework of ERASMUS+ Program with the financial support of the European Commission, that will be implemented in Ramnicu Sarat, Romania, between 01.03.2017 – 01.11.2017.

**The AIM of the project** is to promote mass sports and no hate speech at European level.

## **2. COMPOSITION OF THE GROUPS FOR EACH ACTIVITY**

### **1. Advanced Planning Visit 1: 08 – 11 June 2017, Ramnicu Sarat, RO**

**1 Participant per country (no age limits) - the group leader which will represent the group for the youth exchange 1 (It is MANDATORY the the group leader of the APV to come also as group leader during the Y.E.).**

### **2. Youth Exchange 1: 10 – 17 July 2017, Ramnicu Sarat, RO**

**4 Participants (18-29 years old) + 1 Group Leader (no age limits).**

### **IMPORTANT!**

The participants can stay in Romania 5 days more than the mobility but only on their costs. The dates can be organized before and/or after the exchanges.

Please note that the organizers will not provide any additional accommodation outside the dates of the mobility! If you wish to travel on other dates than the dates of the Mobility, please take contact with the organizers before purchasing your tickets!

Please plan your trip carefully: in case your travel dates are different than the ones above mentioned, the organizers might not be able to reimburse you!!



### 3. Summary of the project:

**SPORT ATTITUDES VS. NO HATE SPEECH** is an integrated project which will involve 43 participants from Romania, Italy, Lithuania Slovenia, Greece, Poland and Turkey, in two thematic activities that will take place in Ramnicu Sarat between March 1, 2017 – November 1, 2017. The thematic of the project is based on two structures: mass sport in the European Union as a way to combat hate speech. The causes which determine our project come from the analysis performed at the level of 7 partners that have identified a common situation caused by serious problems of social inclusion, discrimination, intolerance, poor understanding of diversity in a world that puts increasingly more focus on lack of solidarity and mutual understanding, which leads to the breaking of the masses, extremist actions, segregation, racism, wars. Moreover, the context in which physical education and sport is the total discredited in school education to students, considering that there are very few community activities to support mass sport in which to move the sport, most often youth have to pay, the sport became a luxury (expensive equipment, different conditions), lack of family support, lack of guidance, excessive use of the computer, poor involvement of authorities and lack of policies supporting grassroots sport, all lead to various youth with inability to communicate, to socialize, work properly in a team, individualistic and selfish, anytime undergoing obesity and incorrectly reported to the surrounding world, with major social risk.

#### **Project objectives are:**

1. Raising awareness through analysis and experience of 43 participants from seven countries on the importance of their involvement in developing sports in context NO HATE SPEECH, in Ramnicu Sarat, Romania, in a period of 8 months;
2. Increase the involvement of 43 participants from seven European countries in promoting grassroots sports activities, in Ramnicu Sarat, Romania, in a period of 8 months;
3. Increase the involvement of 43 participants from seven European countries in activities promoting the concept and of NO HATE SPEECH values in Ramnicu Sarat, Romania, in a period of 8 months;
4. Development of intercultural communication of 43 participants from seven partner countries through activities promoting principles: diversity, mutual respect, tolerance, solidarity, active citizenship and European fair play, equality, social cohesion and group social responsibility in Ramnicu Sarat, a period of 8 months.

#### **The project activities are:**

**A.1. Advanced Planing Visit**, in which will take part 1 participant per each country in order to discuss the most important preparation details of the project, in Ramnicu Sarat, Romania, between 08 – 11 June 2017.

**A.2. Youth Exchange** to promote the principles to combat hate speech between 10 to 17 July, 2017 in Ramnicu Sarat, based on the following objectives: awareness of the participants on the support and promotion of the two themes; increasing the involvement of participants in the implementation of thematic activities to attain two themes; promoting cultural dialogue and the basic principles of mass sport. This will be achieved through sports and workshops NO HATE SPEECH debate themes through: workshops to promote the following sports: football, basketball, streetball, foot tennis, chess, volleyball, darts.



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*Partners : RO, TUR, GRE, SLO, ITA, LIT, POL*



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Also, roundtables, public events, open space, teambuilding, seminars and presentations, debates, games, traditional evenings and intercultural appraisal activities, knowledge, socialization and trust, thematic visits, etc.

## **4. Structure of the Project and TASKS!**

The project is composed by 1 Exchange and 1 APV organized on 3 very important phases, as it follows:

### **1. PREPARATION AND VISIBILITY OF THE PROJECT (before each Exchange)**

In this phase each organization has the next tasks:

- To select the participants also for APV and EXCHANGE;
- To participate for the APV meeting;
- To prepare all the activities in national groups;
- To make the project visible in each of the 7 communities using: materials, publishing articles and posting on Facebook,
- To prepare the materials for traditional evenings: presentation, food, dances and to fix responsibilities for each participant;
- To organize local activities, events in order to promote the project;
- To communicate with the other participants on the facebook group of the project;
- To organize the travel and to buy tickets and to organize the financial documents;
- To obtain Visa for all the participants which requires it;
- To sign and stamp the INTERNAL AGREEMENT;
- To decide about all the important aspects which can influence the youth exchanges.

### **2. YOUTH EXCHANGE:**

- To participate to all the activities planned by the agenda;
- To sign all the documents required in order to prove the participation;
- To be as active and involved as possible in order to achieve the aim and the objectives of the project;
- To make the project/exchange as visible as possible and to bring an impact to the community;
- To cooperate with all the participants and Leaders;
- To have a fair behavior and to respect the rules/common agreements settled by the group.
- To bring all the financial documents and to provide the details of the partner organization account;



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### 3. EVALUATION AND DISSEMINATION: (after each exchange)

- To send the Mobility Tool Evaluation in the next week after the end of each exchange;
- To promote the results of the project in each of the 7 communities for a better impact through media, online, offline, specific activities generated in connection with the partner organization;
- To send all the financial documents in order to validate the costs and to receive the refund;
- To multiply the effects and results by generating new ideas of projects together with project partners;
- To promote the Blog of the project and all other Materials of dissemination which will be generated through the project;
- To write articles and to publish them on the personal pages or blogs or in written or online media;
- To answer to all the requests made during the dissemination period also to the partner organization and Onix Association.

## 5. Project partners:

No.	Country and town	Name of the Leader	Partner Association	Email
1	Romania, Ramnicu Sarat	Florin Ceparu	A.C. Onix	<a href="mailto:flo2007rms@yahoo.com">flo2007rms@yahoo.com</a>
2	Turkey, Antalya	Halil Yavuz	LYKIA IZCILIK VE DOGA SPORLARI KULUBU DERNEGI	<a href="mailto:halil_21@hotmail.com">halil_21@hotmail.com</a>
3	Greece, Kalamata	Fotini Arapi	K.A.N.E.	<a href="mailto:fotini@ngokane.org">fotini@ngokane.org</a>
4	Poland, Kielce	Piotr Gilzak	Regionalne Centrum Wolontariatu	<a href="mailto:pgielzak@gmail.com">pgielzak@gmail.com</a>
5	Slovenia, Crnomelj	Klemen Vitkovic	Mladinski Centre BiT	<a href="mailto:klemen.votkovic@gmail.com">klemen.votkovic@gmail.com</a>
6	Italy, Genoa	Monica Poggi	Y.E.A.S.T.	<a href="mailto:poggimonica@hotmail.com">poggimonica@hotmail.com</a>
7	Lithuania, Vrgorac	Pranas Gataveckas	Tarptautinis bendradarbiavimo centras	<a href="mailto:partners.wegoproject@gmail.com">partners.wegoproject@gmail.com</a>

The project will be held in **English language**. The participants should have at least basic understanding of this language.

**The eligible date for making costs is 1<sup>ST</sup> of March 2017, STARTING WITH THIS DATE YOU CAN BUY YOUR TICKETS AND DO ALL THE PREPARATION COSTS JUST AFTER THE APPROVAL OF THE ROMANIAN PARTNER**

**The national currency in Romania is LEU; 1 € = 4.50 LEI**



## 6. Selection details:

For the mobility, each partner will send 4 participants (16 –29 years) + 1 group leader (no age limits)

- the national groups should have: 2 males + 2 females + 1 Group leader
- At the end of the selection, please send us on mail all the applications registered!
- Think to add in your groups people with few possibilities coming from the next backgrounds: social, economic, cultural, geographic problems in order to insure equality for all potential participants.

## 7. Travel reimbursements

The organizers cover 100% of the real travel costs from your home to Rimnicu Sarat and back considering the general limit applied for each participant – Distance Band. If the ticket will be bought more expensive, the difference between the limit approved and it's prize will be covered by each participant.

**The reimbursements will be preceded only by bank transfer** after the youth exchanges upon sending all travel documents and international bank details and **only in the account of the partner.**

Reimbursement of travel costs will only be done upon full attendance of the mobility and just after the the presentation of the next documents, in original:

**For plane:**

- Boarding passes
- Electronic tickets
- Invoice
- Proof of payment - **Receipt** for paying by cash or **account extract/credit card slip/bank statement** from where to be seen the details of the transaction in case you will pay by credit card/bank transfer;

**Fur bus:**

- Tickets
- Invoice (if the case)
- Proof of payment - Receipt for paying by cash or account extract/credit card slip/bank statement from where to be seen the details of the transaction in case you will pay by credit card/bank transfer; (if the case)

**The documents will be given in original to the organizers during APV and EXCHANGES and the rest of the documents (for going back in your countries) to be sent by POST to the following address:**

*Primaria Ramnicu Sarat,  
Str. N. Balcescu, Nr 1.,  
Ramnicu Sarat, Buzau,  
125300, Romania.  
IN ATENTIA VOLODEA MATEEVICI*



Any wishes to stay shorter or longer should be consulted with organizers prior any booking! You should know that you can book your tickets for coming 2 days and going back 2 days after the end of the Exchanges. For this period you will decide about your program, also covering all the necessary costs.

**Taxi costs are not eligible for reimbursements.**

Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice.

Please check the table below with the information on the travel budget limits for roundtrip! If travel costs exceed the amount budgeted in the project, the organizers will only be able to reimburse participants the sum mentioned on the limits of the budget.

Participants are therefore strongly advised to book their tickets well in advance.

## **Travel REFUND LIMITS:**

### **For APV 1 (08 – 11 June 2017)**

#### **Travel destination: Ramnicu Sarat, RO**

Slovenia, Turkey, Greece, Poland, Lithuania and Italy - **170 Euro** (Distance 500-1999 km)

### **For YOUTH EXCHANGE 1 (10 – 17 July 2017)**

#### **Travel destination: Ramnicu Sarat, RO**

Slovenia, Turkey, Greece, Poland, Lithuania and Italy - **170 Euro** (Distance 500-1999 km)

The tickets prize will be refunded for each participants on the limits mentioned

If the prize will be higher, the difference will be supported by the participants being considered contribution for the project.

## **8. VISA DETAILS:**

In order to come in Romania for the APV 1 Exchange 1 we have in the budget also costs for visa, which includes proper travel way to take visa + the effective costs of the visa. In order to refund the costs please provide all the documents which proves

**Turkey (APV 1) – 120 euro for 1 Participant**

**Turkey (EXCHANGE 1) - 600 euro for all 5 participants**

Also, to obtain the visa, please contact us in order to do for you the **INVITATION LETTERS** as soon as possible, and send us in this way, all the information of the participants that we should complete in the Invitation Letters for Visa! We recommend you to buy tickets early, in order to find them on the limits of the budget.



## 9. Accommodation and Food

You will be accommodated in rooms of 2/3/4 participants of same gender in a 2 / 3 stars hotel, in Ramnicu Sarat – Pensiunea Cristina (<http://pensiuneacristinaoareavu.freewb.ro/>), Buzau Region, Romania.

During the APV, the group leaders will decide about the composition of the rooms: mixt or national groups!

Bathrooms and toilets are available in each room. Bed lines are provided by the hotel. Please bring your own towels and items of personal care! Also, thinking at the thematic of the project and the fact that we will develop activities under the sun, please don't forget to bring all necessary things as creams, etc.

Food will be provided 3 times a day plus hydrating breaks. Please let us know in advance if you have special needs (vegetarian, vegan, no pork meat, allergies, special diets due to medical treatment etc.) in the application form.

Each country will have the possibility to organize a traditional evening in order to promote it's culture, traditions, foods and others. In this way don't forget to bring some videos, foods and drinks, prepare some moments, presentations and others. Consider that the costs for preparation of the traditional evenings will be supported by the participants and leaders.

## 10. Health insurance

The organizers do not provide any health insurance for the participants.

The participants are requested to purchase individual health insurance for their stay in Romania. Please bring the medications you may need as well.

## 11. Practical information

### **The participants are asked to bring:**

- Presentations, materials, brochures, pictures to present their organizations during the youth exchange (as we will set during the APV);
- Traditional drinks, delicatessens, promotional materials to present their country and hometown during the intercultural evening;
- Clothes according to the activities and weather conditions;
- Towels and items of personal care;
- Needed medication.
- We have already created the **Facebook group of the project**, so we kindly invite you to add all your participants as soon as you will have their participation confirmation. The group was made in order to have a **first contact** of the participants and leaders before coming for the mobility in order to **discuss, socialize, be informed** and also after the end of the mobility. In the same time on the group you will get information about our projects, we will **upload photos and videos** and will discuss about everything we want in order to reach the intercultural component of the project. **Facebook group name: SPORT ATTITUDES vs. NO HATE SPEECH - Erasmus Plus 2017, Link: <https://www.facebook.com/groups/233897847061020/?fref=ts>**



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- **The activities will take place in:**

Ramnicu Sarat - [https://en.wikipedia.org/wiki/Râmnicu\\_Sărat](https://en.wikipedia.org/wiki/Râmnicu_Sărat)

### **HOW TO ARRIVE IN RAMNICU SARAT?**

The nearest airport is Bucharest OTOPENI, at not more than 120 km from Ramnicu Sarat. Once you landed there you have bus or train to GARA THE NORD (Maine train station in Bucharest, which costs around 7 lei, or 1,5 euros). From Gara de Nord you take the train for Rimnicu Sarat which costs around 55 lei, about 13 euros. Here, in Ramnicu Sarat we will wait for you or if not, you can take the taxi for PENSIUNEA CRISTINA – around 5 euros.

## **12. Contact details**

**If you need help with your travel booking or have any questions regarding the youth exchange, please do not hesitate to contact:**

### **Ceparu Florin**

Vicepresident of A.C. ONIX and Project Coordinator

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### **Mateevici Volodea**

President of A.C. ONIX

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